



City of Royal Oak, Parks & Recreation and Royal Oak Schools Newsletter

**FALL 2025** 



**Senior Center** 

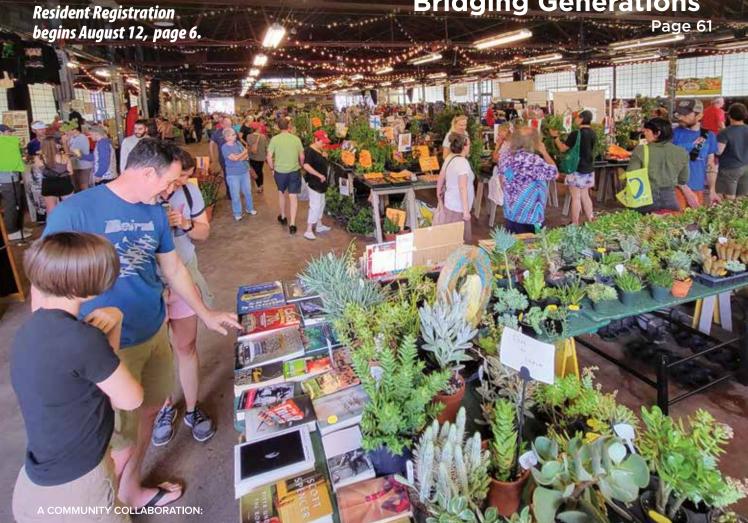
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**Bridging Generations** 









# PARKS & RECREATION



# **Letter from the Parks & Recreation Director**



Dear Royal Oak Community,

As the leaves begin to turn and we welcome the crisp days of fall, I'm excited to share what's ahead in this season's Fall Insight. Autumn is a time for fresh starts and renewed energy—and nowhere is that more evident than in the exciting transformations underway at our Mahany-Meininger Senior Community Center.

The Senior Center closed on June 25 for a much-anticipated renovation that promises a brighter and more welcoming space for all. We can't wait to welcome you back to an improved facility featuring:

- · Fully renovated restrooms
- New flooring and ceiling tiles
- Fresh paint and lighting
- Upgraded front desk
- A new generator and electrical system enhancements

We deeply appreciate your patience and support as we enhance the Center to better serve the community. Our dedicated Senior Center staff remains available to assist you at the Royal Oak Public Library, Monday through Friday, 9:00 am - 4:30 pm, or by phone at 248-246-3900. The project is expected to be completed by the end of August.

Meanwhile, we're bringing the fun outdoors! Join us for the **Health & Housing Summer Fest** in partnership with Oakland County on Tuesday, August 5 from 11:00 am - 2:00 pm at Normandy Oaks Park. Enjoy a lively event with a bounce house, backpack giveaways, free health screenings, vaccine clinics, and more. See page 3 for more info.

Starting this season, we're excited to introduce **Priority Registration for Residents.** Residents will now have exclusive access to register for programs two weeks before non-residents, giving them the first opportunity to secure their spot.

I invite you to explore all the offerings in our guide – from classes and athletics to special events that bring our community closer together. Thank you for letting us be a part of your lives and memories. We look forward to seeing you out in the parks and back in our refreshed spaces soon.

Sincerely,
Nicole McEachern, MPA, CPRP, CPO
Parks & Recreation Director



Senior Center Staff are available at the Royal Oak Public Library, Monday-Friday, 9:00 am-4:30 pm.

# **Celebrating 30 Years of** Car Show in Memorial Park

Join us for the 30th Annual Car Show in the Park during Dream Cruise Weekend at Memorial Park on Friday, Auqust 15 and Saturday, August 16, 2025! This is your chance to showcase your classic car at one of the most anticipated events of the year.

Friday, August 15, 12:00 - 7:00 pm: **Performance Park Classic Car Show** Saturday, August 16, 8:00 am - 8:00 pm: **Performance Park Classic Car Show** 

Fee - \$50.00 | Late Fee (AFTER August 1) - \$60.00

To register your classic car and be part of this incredible event, visit royaloakrec.recdesk.com.

Don't miss out on celebrating 30 years of classic cars and memories at Memorial Park!





# **Honey Tasting at the Hives**

Join us at Normandy Oaks Pavilion on Monday, August 25 at 10:30 am for a FREE educational experience with local beekeeper, Ann Marie. Enjoy a delicious honey tasting and Q&A session where you'll learn all about the fascinating world of bees, honey production, and the vital role pollinators play in our ecosystem.

Afterward, take a short walk to the hives for a closer look at the bees in action. For those who want to get up close without the buzz of worry, we'll have a few bee jackets available for your comfort and safety.

Whether you're a nature enthusiast or just love honey, this is a unique opportunity you won't want to miss!



# **Family Movie Night in Centennial Commons**

**Presented by the Downtown Development Authority and Parks & Recreation** 

Wednesday, September 24 Lawn opens at 6:30 pm; Movie starts at 7:00 pm

Bring your blankets and lawn chairs for a fun evening under the stars!

Scan the OR code for more details!



For more information, visit romi.gov/539/Special-Events

# Soup and Salad with the Super

Wednesday, September 24, 11:30 am M/M Community Senior Center

Enjoy a light lunch and lively conversation with the **Superintendent of** Royal Oak Schools and members of the Royal Oak High School Class of **2026**. Don't miss this special intergenerational gathering!

Call 248-246-3900 to learn more or register.

# **Royal Oak Senior Healthy Living Fair**

Wednesday October 1, 9:00 am - 1:00 pm Fuel your mind, body, and spirit!

Join us for a day packed with valuable resources on Nutrition, Self-Care, Immunizations, and More!

Enjoy FREE refreshments, connect with local organizations, and discover tools for a healthier you. Don't miss this opportunity to learn, connect, and take charge of your well-being!

Call 248-246-3900 to RSVP by September 15 to be entered into our Prize Drawing.



# **Youth Activities**

# **Premiere Plus Royal Oak Dance**

Fall 2025 - Spring 2026

Session 1: Sept. 9 - Dec. 18 • Session 2: Jan. 6 - May 9, 2026 Dress Rehearsal: TBD | Recital: TBD

Students must participate in both sessions to perform in recital!

## Theme: "Live, Laugh, Love, Dance!"

Join us this dance season to celebrate life, laughter, and love through dance! No matter which class you choose, each class will be full of love and laughter while we strengthen our technique and expression through movement. We have tap, jazz, and lyrical classes all waiting for your dancer. No matter the age or dance experience, we have a class for you! As always, we can't wait to dance with you! to multiple songs from the show, bringing this provincial life to the big stage! No matter the age or dance experience, we have a class for you! As always, we can't wait to dance with you!

This full school-year program runs in two sessions. An invoice for Session 2 will be sent in late December. Classes take place at the Salter Community Center and require a minimum of 8 students. Visit royaloakrec.recdesk.com to register and view class descriptions.

## Tuesday - Ms. Sydney

Class	Code	Time F	ee (Res./Non-Res)
4 & 5 year old Preschool	YD1000	5:30-6:00 pm	\$105 / \$131.25
Movin' with the Mouse (K-2nd grade)	YD1001	6:00-6:45 pm	\$110 / \$137.50
Excel Prep Jazz/Lyrical Combo (4th & 5th grade)	YD1002	6:45-7:30 pm	\$125 / \$156.25
Excel Lyrical/Jazz Combo (6th grade & up)	YD1003	7:30-8:30 pm	\$125 / \$156.25

## Thursday - Mrs. Stacey

Class	Code	Time	Fee (Res./Non-Res)
3 & 4 year old Preschool	YD1004	5:30-6:00 pm	\$105 / \$131.25
3 & 4 year old Preschool	YD1005	6:00-6:30 pm	\$105 / \$131.25
4 & 5 year old Preschool	YD1006	6:30-7:00 pm	\$105 / \$131.25
Movin' with the Mouse	YD1007	7:00-7:45 pm	\$115 / \$143.75
Tap/Jazz (K-2nd grade)			
Hip Hop Jazz/Tap	YD1008	7:45-8:30 pm	\$125 / \$156.25
Combo (3rd-5th grade)			



# **Four Seasons Preschool**

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## 2025-2026 Registration

- There is a non-refundable \$100 deposit fee due at time of registration.
- To be eligible for registration for the 2025-2026 school year students MUST be:
  - 3 years of age by Sept. 1, 2025
  - Toilet trained

For more information regarding pricing and scheduling, please visit: www.fourseasonspreschoolonline.com

Four Seasons Preschool is licensed by the State of Michigan

#### 2025 - 2026 Class Schedule

Morning Classes, 8:30 - 11:00 am	
2 Days: Tuesday & Thursday	PRE2025-R3
Tuition Fee: \$1,304.00 / 33 weeks	FULL
<b>3 Days: Monday, Wednesday and Friday</b> Tuition Fee: \$2,010.95 / 33 weeks	PRE2025-R1 FULL
Afternoon Class, 12:15 - 2:45 pm	
Monday, Tuesday, Wednesday and Thursday	PRE2025-R2
Tuition Fee: \$2,681.25 / 33 weeks	OPEN

# **Three Ways to Register:**

# 1. Online at royaloakrec.recdesk.com

# 2. In Person at City Hall

Monday - Thursday: 8:00 am - 4:30 pm Friday: 8:00 am - 12:00 pm Located at City Hall: 203 S. Troy St, Royal Oak, MI 48067

# 3. Mail-In Registration

Mail completed registration form with check made payable to:

Royal Oak Recreation PO Box 64 Royal Oak, MI 48068-0064

## **Priority Registration for Royal Oak Residents**

Residents now have exclusive access to register for programs two weeks before non-residents, giving them the first opportunity to secure their spot.

See page 24 for Senior Center Registration.

# The following policies apply to all Recreation programs unless otherwise noted:

- Accounts with unpaid balances are not allowed to register.
- All refunds will be assessed a \$10 processing fee.
- Refunds will only be granted if requested at least five business days prior to the start of activity.
- Refunds will be returned in the form of the original payment. Credit card refunds are processed in 3–5 business days. Cash or check refunds take three to four weeks.
- · No refunds on one-day or drop-in classes.
- Activities may be cancelled due to low enrollment. Full refunds will be issued if activity is cancelled due to low enrollment.
- Insufficient Funds: There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

# When Royal Oak Schools are closed due to inclement weather:

- Four Seasons Preschool is closed for the entire day.
- All programs held at school facilities are cancelled.
- Programs held at the Salter Center starting before 12:00 pm are cancelled. Determination on programs held at the Salter Center after 12:00 pm will be updated on website after 10:30 am.
- For programs held at other Parks and Recreation facilities: Contact the facility directly.
- For outdoor programs, we will make decisions on the status of games/programs up to 4:00 pm. After 4:00 pm, report to the site and a decision will be made by officials/program leaders. If the Oakland County tornado siren sounds signifying a tornado warning, all games/programs will automatically cease.

# Registration for Residents begins August 12; Non-Residents, August 26

Parks & Recreation Facilities				
Administration - City Hall	Monday - Thursday, 8:00 am - 4:30 pm Friday, 8:00 am - 12:00 pm	248-246-3180		
Mahany/Meininger Senior Community Center	Monday - Friday, 9:00 am - 4:30 pm	248-246-3900		
Salter Community Center	Monday - Friday, 8:30 am - 4:00 pm	248-544-4166		
John Lindell Ice Arena	Monday - Thursday, 6:00 am - 11:00 pm Saturday & Sunday, 7:00 am - 8:00 pm	248-246-3950		
Royal Oak Golf Course	Monday - Sunday, 9:00 am - 8:00 pm	248-554-0019		
<b>Royal Oak Golf Center</b> (Driving Range, Mini Golf)	Open 9:00 am Closing varies by season; please visit website	248-549-4653		
Total Soccer	Closed for Season Reopens in Fall	248-288-2110		
Royal Oak Farmers Market	Friday - 7 a.m 1 p.m. (May – October) Saturday, 7:00 am - 1:00 pm (year-round) Sunday, 8:00 am - 3:00 pm (year-round)	248-246-3276		

# Registration

# **Registration Form**

Student Name			Date of Birt	thMale/Female
Address Telephone - Home			City, Zip	
			Work	
E-mail				
Class		Day	Time	Start Date
Class		Day	Time	Start Date
Amount enclosed: \$				DISCOVER!
Payment Method:	☐ Check	□ Cash	Wa	<b>VISA</b> DISC VER  NETWORK
	☐ Visa/Discove	er#		3-digit Security Code
	☐ Mastercard	#		3-digit Security Code
	Cardholder Na	me		Expiration Date
	Signature of C	ardholder		
				ctors and the Royal Oak School District from all liability for e participating, watching and traveling to or from this activ
Signed			Date	
	(If youth, parent or gua	rdian must sign)		
		Registration	on Form	
Student Name			Date of Birt	thMale/Female
Address			City, Zip	
Telephone - Home			Work	
E-mail				
Class				Start Date
Class		Day	Time	Start Date
Amount enclosed: \$				DISCOVER
Payment Method:	☐ Check	□ Cash	Wa	DISC VER NETWORK
	☐ Visa/Discove	er#		3-digit Security Code
	☐ Mastercard	#		3-digit Security Code
	Cardholder Na	me		Expiration Date
	Signature of C	ardholder		
				ctors and the Royal Oak School District from all liability for
types of damages or injuries, wh	nether foreseeable or not, su	ustained by myself, my child and o	ther family members while	e participating, watching and traveling to or from this activ
Signed			Date	

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# **Leisure Unlimited**

Session 1: Wednesdays, Sept. 17 - Oct. 22

Session 2: Wednesdays, Oct. 29 - Dec. 10 No class Nov. 26

Fee: Res. \$90; Non-Res. \$112.50 / 6-week session

**Location: Salter Community Center Gym** 

**Instructor: Leisure Unlimited LLC, Coach Dave East** 

## Sports Starters (preschoolers, ages 3 - 5) YA2001

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort and FUN!

## Kiddie Sports (ages 4 - 6)

YA2002

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, kickball, football and a few surprises! Fun, progressive drills allow kids to work at their own pace while improving their individual and team skills. Emphasis is on teamwork and effort.

# Youth Basketball (Skills & Scrimmage) (ages 7 - 11)

YA2003

A combination of skills instruction and league play. Improve individual techniques. Increase player confidence, team strategies, sportsmanship and game comprehension. With Coach Dave's guidance, new teams are picked each week for league play.

# Babysitter Safety (ages 9+)

#### Certified Babysitter/CPR/First Aid and Safe Home Alone

Become a safe, confident babysitter with skills in first aid, CPR, choking, basic care, and more. Learn safety tips for home alone and how to handle personal info and door visits.

Students will receive a Certified Babysitter/CPR/First Aid certificate from Live Safe Academy upon completion.

Drop-off/pick-up in the classroom. Instructor: Live Safe Academy.

Saturday, Oct. 11  $\underline{\textbf{OR}}$  Sunday, Dec. 7 at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4011** 

Fee: Res. \$75; Non-Res. \$93.75 / 1 class

# **Certified Pet Sitter/CPR/First Aid**

#### (Add-on only; ages 9+)

Kids, learn pet first aid and become a certified Pet Sitter! Stand out by offering both babysitting and pet sitting services.

This add-on class follows the Certified Babysitter course on the same day.

Saturday, Oct. 11 OR Sunday, Dec. 7 at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4012** 

Fee: Res. \$15; Non-Res. \$18.75 / 1 class

# **TumbleBunnies**

# **Gymnastics**

This fun and energetic class is designed for parents to work with their child and is filled with a variety of activities, including gymnastics-focused warm-ups, movement to music, and engaging exercises on a wide range of equipment such as octagons, wedge mats, trampolines, bars, and more. Comfortable clothing is all that's required.

**Tuesdays at Salter Community Center** 

Fall 1: Sept. 23 - Oct. 28 Fall 2: Nov. 11 - Dec. 16

**Saturdays at Salter Community Center** 

Fall 1: Sept. 27 - Nov. 1

Fall 2: Nov. 8 - Dec. 20 No class Nov. 29

Fee: Res. \$92; Non-Res. \$115 / 6-week session

**Itty Bitty Bunny**, 18 months - 2 years: 9:30 - 10:00 am

Saturday - YA 3001 • Tuesday - YA 3008

**Bizzy Bunnies**, 3 - 4 year olds: 10:05 - 10:35 am **Saturday - YA 3002 • Tuesday - YA 3009** 

Happy Hoppers - 5 - 7 year olds: 10:40 - 11:10 am

Saturday only - YA3003

# **Karate/Parkour**

This class teaches martial arts skills in a fun way while emphasizing life skills like respect, self-discipline, focus, and kindness. Children will improve agility, coordination, and strength as they become Ninja Bunnies. Each week offers a variety of activities and props to keep the classes fresh and exciting.

Fridays at Salter Community Center

Fall 1: Sept. 19 - Oct. 24

Fall 2: Nov. 7 - Dec. 19 No class Nov. 28

Fee: Res. \$92; Non-Res. \$115 / 6-week session

3-5 year olds, 4:00 - 4:30pm YA3004

**6-8 year olds**, 4:35 - 5:05pm **YA3005** 

# **Paint Like Bob Ross**

Learn to Paint like Bob Ross in just one day! Join Certified Bob Ross Instructor Ted Simpson as he guides you through an entire painting in just a few hours. Paint big mountains, fluffy clouds, and of course, lots of Happy Little Trees! Each class is a different painting. All supplies are included to complete your masterpiece. No previous painting experience is required. You can do this!

## **Northern Lights**

Saturday, October 11 at Salter Community Center Art Room 1:00 - 4:00 pm AE2016

Fee: Res. \$80; Non-Res. \$100

### **Lakeside Path**

Saturday, Dec. 7 at Salter Community Center Art Room 1:00 - 4:00 pm AE2017

Fee: Res. \$80; Non-Res. \$100



# **Line Dancing**

# **Basic Beginner/Beginner Plus**

Tuesdays, Sept. 17, 6:15 -8:00 pm at M/M Community Center

Session 1: Sept. 23 - Oct. 28 AE2006 Session 2: Nov. 11 - Dec. 16 AE2006

Fee: Res. \$42; Non-Res. \$52.50 / 6-week session

Welcome to the fun world of LINE DANCING. Whether you are brand new or have had some experience, this class is for you. Terrific exercise for mind, heart and body. Learn to dance to all genres of music. Class will start with Basic Beginner (No Experience) and progress to Beginner Plus (Some Experience). Come for one or both classes. Bring your friends and join us for a fun evening. Wear comfortable clothes and shoes and bring water.

# **Cooking**

Send an email to supplylist@gmail.com or call 586-256-8144 for a list of supplies to bring.

## **Cake Decorating for Beginners**

Monday, Oct. 6, 6:00 -8:30 pm AE2011 Room 3 at M/M Community Center

Fee: Res. \$36; Non-Res. \$45

Learn how to create beautiful, colorful buttercream flowers, leaves, stars, borders, and more for your baked goods! It's really fun and surprisingly easy too!

#### **Gourmet Stuffed Meatballs**

Monday, Nov. 3, 6:00-8:30 pm AE2013 Room 3 at M/M Community Center

Fee: Res. \$36; Non-Res. \$45

Join us for a fun evening where you'll work on your own to prepare these new, very popular (and expensive) meatballs! Create these three varieties: savory bacon and cheddar, 3-cheese, and Swiss and mushroom (or zucchini).

# Holiday Appetizers: Egg Rolls, Spring Rolls and Potstickers

Tuesday, Nov. 10, 6:00-8:30 pm AE2015 Room 3 at M/M Community Center

Fee: Res. \$36; Non-Res. \$45

Just in time for your holiday table! You'll work on your own and prepare a tasty, traditional Asian inspired filling from scratch, then learn how to use all of the traditional edible 'wrappers' needed to create your scrumptious appetizers!

# Tai Chi

Tai Chi is an ancient Chinese practice that enhances the body, mind, and spirit, leaving you feeling refreshed. It improves muscle tone, joint flexibility, and circulation. Wear comfortable, loose-fitting clothing. Instructor Han Hoong Wang, a certified senior instructor with over 35 years of teaching experience, has studied with top masters in the U.S. and China. She welcomes students of all ages to join her class.

Location: Salter Community Center | Fees: Res: \$108; Non-Res: \$135 / 12 weeks

Mondays, Sept. 15 - Dec. 8

No class Nov. 3

Thursdays, Sept. 11 - Dec. 4

No class Nov. 27

Chen Style - Beginner

6:30-7:30 pm **AF2001** 

**Yang Style Hand Form - Continued** 

7:30-8:30 pm **AF2002** 

Yang Style Saber, Sword and Long Pole

8:30-9:30 pm AF2003

**Chen Style - Contiinued** 

6:30 - 7:30 pm **AF2006** 

**Sanshou Continued** 

7:30 - 8:30 pm **AF2004** 

**Mulan Fan** 

8:30 - 9:30 pm **AF2005** 



# **Hatha Yoga**

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap**. Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

**Wednesday at Senior Community Center** 

Sept. 10 - Dec. 10, 5:40 - 6:55 pm **AF2007** Fee: Res. \$96; Non-Res. \$120 / 12 weeks *No class Oct. 29, Nov. 26*  Thursday at Senior Community Center

Sept. 11 - Dec. 11, 7:00 - 8:15 pm **AF2010** Fee: Res. \$96; Non-Res. \$120 / 12 weeks *No class Oct. 30. Nov. 27* 

### **Fit Mix**

Burn calories in this heart-healthy class that includes the essential components of fitness: cardio, strength, core, and flexibility. Low-impact cardio portion includes warm-up, aerobic drills, and fun combos – with intensity options to keep it low, take it higher or somewhere inbetween. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to release stress. Bring a mat, hand weights, dynaband (optional) and water.

#### Monday, 5:50-6:50 pm Instructor: Karen B

Sept. 15 - Dec. 8 at M/M Senior/Community Center **FF2005**No class Nov. 3

Fee: Res. \$84; Non-Res. \$105 / 12 weeks

#### Wednesday, 5:50-6:50 pm Instructor: Karen B

Sept. 17 - Dec. 10 at M/M Senior/Community Center **FF2006** No class Nov. 26

Fee: Res. \$84; Non-Res. \$105 / 12 weeks

### **Low-Impact Workout Great for Beginners!**

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

#### Thursday, 6:20 - 7:20 pm Instructor: Angie M

Sept. 11 - Dec. 18 at M/M Senior/Community Center **FF2002** 

No class Oct. 30, Nov. 27

Fee: Res. \$91: Non-Res. \$113 / 13 weeks

#### **Stretch Relief**

Stretching and flexibility are the focus of this class. Using proper form and breath awareness while moving through a variety (standing/seated/mat) of simple functional movements as well as controlled concentrated stretches, you'll enhance range of motion, increase circulation, release stress and feel more limber, clear-headed and relaxed. Bring a mat, dynaband (optional) or towel and wear loose, comfortable clothing.

#### Monday, 7:00-8:00 pm Instructor: Karen B

Sept. 15 - Dec. 8 at M/M Senior/Community Center **FF2023** 

No class Nov. 3

Fee: Res. \$84; Non-Res. \$105 / 12 weeks

### **Mat Pilates**

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal, and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance, and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

#### Monday, 6:20-7:20 pm Instructor: Ginger V

Sept. 8 - Dec. 8 at Salter Community Center **FF2013** Fee: Res. \$98; Non-Res. \$122.50 / 14 weeks

#### Wednesday, 6:20-7:20 pm Instructor: Tammy R

Sept. 10 - Dec. 10 at Salter Community Center **FF2014** *No class Nov. 26* 

Fee: Res. \$91; Non-Res. \$113.75 / 13 weeks

## Total Body Conditioning New Additional Night!

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel, and water.

#### Tuesday, 6:20-7:20 pm Instructor: Angie M

Sept. 9 - Dec. 16 at M/M Senior Community Center **FF 2010** *No class Nov.* 4

Fee: Res. \$98: Non-Res. \$122.50 / 14 weeks

#### Thursday, 7:30-8:30 pm Instructor: Kendell M

Sept. 11 – Dec. 11 at Senior Community Center **FF 2016** 

No class Nov 27

Fee: Res. \$91; Non-Res. \$113.75 / 13 weeks

## Saturday, 8:45-9:45 am Instructor: Angie M

Sept. 13 - Dec. 20 at Salter Community Center FF 2012

No class Oct. 11, Nov. 29

Fee: Res. \$91; Non-Res. \$113.75 / 13 weeks

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program National Parks Service PO Box 37127 Washington DC 20013-7127

# **Special Thanks**

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

# **Adult Softball Leagues**

# **League Offerings**

Coed

Thursday Coed Division III

Men's

Tuesday Men's Division II

## **Registration Dates**

July 21 - August 15

Open registration

#### August 25

Beginning August 25, Manager's Packets will be available for pick up at the Royal Oak City Hall, 203 S Troy St, 8:00 am - 4:00 pm, Monday - Thursday.

#### Week of September 2

All Leagues begin

## **Entry Fee**

\$600, includes 12-game season, playoff tournament for top four teams (single elimination), ASA Registration, and awards for Season Champs and Playoff Champs.

## **Umpire Fee**

\$20 per game per team (paid at site)

## Fields/Times

Worden #2 6:10 pm Worden #4 6:10, 7:20, 8:30 Worden #5 6:10, 7:20, 8:30

Times subject to change based on number of participants.

#### Non-resident teams are welcome to participate.

# Register online at royaloakrec.recdesk.com





# Women's Volleyball League

# **League Offerings**

Women's A-Open Tuesday nights
Women's B Division Thursday nights

# Week of September 2

All Leagues begin

## **Entry Fee**

\$325, includes 12-game season, playoff tournament for top four teams (single elimination), awards for Season Champs and Playoff Champs.

#### Official Fee

\$15 per game per team (paid at site)

#### **Game Times**

6:30, 7:30, 8:30 & 9:30 Salter Community Center

Schedules will be emailed by September 2.

# Registration

Team Availability: Spots are limited to 8 teams for each night

- Priority registration for resident returning teams begins August 12.
   Email recreationinfo@romi.gov if you would like to return for this upcoming season. Balances must be paid in full to reserve your spot.
- Priority registration for non-resident returning teams begins August 19. Email recreationinfo@romi.gov if you would like to return for this upcoming season. Balances must be paid in full to reserve your spot.
- Open registration for **new teams**: August 25 | register online at **royaloakrec.recdesk.com** under the Adult category.

Fees: \$325 per team AV 1000 | AV 1001

# **Drop-In Sports** at the Salter Center

# Pickleball Beginning October 20

- Drop-in fees are listed below. Any individual caught not paying will be asked to leave the gym immediately.
- Sign-in sheets will be made available 30 minutes before scheduled start times.

#### Monday - Friday

11:00 am - 3:00 pm West Gym - 3.5 & higher Drop-in fee: \$5

#### Monday, Wednesday, Friday

11:00 am - 3:00 pm East Gym - Beginner - 3.5 Drop-in fee: \$5

#### Tuesday, Thursday

1:30 - 3:30 pm East Gym - Beginner - 3.5 Drop-in fee: \$3



# Bounce Volleyball

Tuesdays and Thursdays 11:00 am - 1:00 pm Salter Community Center

**Bounce Volleyball**, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

# **Drop-In Pinochle**Wednesdays & Fridays, 12:30 pm Salter Community Center

Drop in for an enjoyable game of pinochle, meet new friends. \$1

## **Helping Hands**

Fridays, 9:30 am Salter Community Center

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

#### Let's Walk!

## Monday - Friday, 8:30 - 11:00 am Meet at Salter Community Center

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

## Sit Down & Tone Up Monday, Wednesday, Friday; 9:30 am Salter Community Center

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

# **Senior Pilates**

Tuesdays, 12:00 - 1:15 pm Salter Community Center

August 19 - Oct. 7 SA2302

Fee: Res. \$48; Non-Res. \$60 / 8 weeks

Oct. 14 - Dec. 9 SA2302

No class Nov. 4

Fee: Res. \$54; Non-Res. \$67.50 / 9 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cheryl Baugh, ACSM, Certified Fitness Instructor.

## Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon Salter Community Center

#### Fall 1

 Mondays:
 Sept. 8 - Oct. 27
 SA6001

 Wednesdays:
 Sept. 10 - Oct. 29
 SA6002

 Fridays:
 Sept. 12 - Oct. 31
 SA6003

Fee: Res. \$48; Non-Res. \$60 / 8 weeks

#### Fall 2

Mondays: Nov. 3 - Dec. 22 SA6001

Fee: Res. \$48; Non-Res. \$60 / 8 weeks

**Wednesdays:** Nov. 5 - Dec. 17 **SA6002** Fee: Res. \$42; Non-Res. \$52.50 / 7 weeks

Fridays: Nov. 7 - Dec. 19 SA6003

No class Nov. 28

Fee: Res. \$36; Non-Res. \$45 / 6 weeks

# Drop-in any Monday, Wednesday or Friday for \$6 per class.

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

### Yoga

Tuesdays, 1:30 - 2:30 pm Salter Community Center

August 19 - Oct. 7 SA2322

Fee: Res. \$48; Non-Res. \$60 / 8 weeks

Oct. 14 - Dec. 9 SA2322

No class Nov. 4

Fee: Res. \$54; Non-Res. \$67.50 / 9 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor – Cheryl Baugh. Preregister.



Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.** 

# **Open All Year!**

## Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am 1:00 pm, May Thanksgiving
- Saturdays, 7:00 am 1:00 pm, All year

## **Antique & Collectible Vendors are at the market**

Sundays, 8:00 am - 3:00 pm, All year



# **Farmers Market Events**

## Food Truck Rally and Community Wellness Expo Wednesday, September 10, 4:00 - 8:00 pm

# Celebrating 100 Years with 100 Vendors and Corn Roast

Saturday, August 9, 7:00am - 1:00 pm

Experience one of the biggest market days of the year with 100 vendors celebrating 100 years of the Royal Oak Farmers Market! Browse fresh produce, handmade goods, specialty items and Antique & Collectibles vendors while enjoying entertainment, corn on the cob, and special giveaways. Don't miss this historic day of shopping and fun!

# Centennial Celebration - Harvest Festival Wednesday, October 8, 4:00 - 8:00 pm

Come enjoy an evening of food, music, and community fun as we honor a century of fresh produce, local vendors, and market history. Don't miss this milestone event!

## Holiday Magic Marketplace Thursday, December 4, 4:00 - 9:00 pm

# **Royal Oak Golf Club**

## In Partnership with Royal Oak Parks and Recreation

"A Piece of Golf Heaven Right in Your Backyard"

We're local, fairly priced, we keep the course in great shape, and we offer a test for all skill levels!

Royal Oak Golf Club, founded by Don Soper in 1962, transformed a 63-acre dump site into a premier nine-hole course. Founded by Soper and leased from the City of Royal Oak, it became a model for public-private partnerships in recreation. Don's vision continues to thrive, contributing to the quality of life in Royal Oak.

3417 Don Soper Dr. 248.554.0019

royaloakgc.com



# **Royal Oak Golf Center**



# **Have Fun!**

# Play Adventure Mini Golf or Sign-Up for a Group Lesson

15

- ! Celebrating 75th Anniversary: 1950 ~ 2025
- ! Open Year Round!
- ! Adventure Mini Golf
- ! Professional Instruction Group and Private
- ! Driving Range 102 hitting bays; 45 Heated, Covered & Lighted
- ! Top 50 GRAA Driving Range in America 2022, 2023 & 2024





# **Register for ROFC Recreational Fall Soccer!**

Royal Oak Football Club offers programs for all ages and abilities, from preschool through High School! Rec Teams are built by grade level so kids can play with their peers. ROFC is proud to play at Royal Oak parks thanks to our partnership with Royal Oak Parks and Recreation.

- ROFC focuses on fun, teamwork and developing player skills
- The fall season runs from early September thru late October
- Our Little Renegades program is specifically for 3- and 4-year-olds and runs on Saturday mornings
- Rec teams practice weekly (time and location determined by volunteer coaches) and play 8-10 games throughout the season

As a community-based not-for-profit organization, ROFC Recreational Soccer offers an affordable, fun program for kids to learn and play the game of soccer!

Register online. Hurry, teams fill up fast!

For more information and to register, visit www.royaloakfc.com





In partnership with Royal Oak Parks & Recreation





Take a moment to unwind and explore one of our 51 beautiful parks! Come find your perfect spot to recharge and connect with the outdoors. Visit romi.gov/541/parks for more information!

### **Mini Parks**

**Barton Park North Barton Park South Basset Park** Cody Park Fernwood Park Franklin Park Fries Park **Fulton Park** Hamer Finch Wilkins Park **Huntington Wood Park** Maudlin Park **Rotary Park** Fred A. Erb Arboretum Wendland Park Westwood Park \*13 Mile/Main Park

## **Neighborhood Parks**

Clawson Park Dickinson Park Dondero Park Elks Park Fred Piper/Optimist Park **Grant Park Gunn Dyer Park** Kenwood Park Lawson Park **Lions Club Park** Lockman Park Maddock Park Marais Park Marks Park Mark Twain (Dog) Park Meininger Park Miller Park Milt Hey Hudson Park Pioneer Park

> **Realtor Park** Sullivan Park **Upton Park** Patricia Paruch Park

## **Community Parks**

**Centennial Commons** Cummingston Isabel & Myron Zucker Park **Memorial Park** Normandy Oaks Park **Quickstad Park** Red Run Park Starr Jaycee Park V.F.W. Park Wagner Park Worden Park

Lockman Park Ninja Course



# **Mark Twain Dog Park FOBS**

Dog Park applications are available on our website at **www.romi. gov/542/Dog-Park-Membership-Renewal** or in person at the city clerk's office. The application and waiver must be filled out and brought into the city clerk's office in order to process. Owner must show proof that all shots for their dog are current (Bordetella, Distemper, Parvovirus and Rabies) and non-residents must also show a copy of their dog's current license. The fees for first time applicants are \$50 for residents and \$75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are \$40 for residents and \$65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional \$10 fee. FOBS expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.

# **Dog Licenses**

Dog Licenses are available in the clerk's office. All dogs must be licensed by their owner (City Ordinance § 195-10). A copy of the dog's rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three-year license is \$20 for dogs that are spayed or neutered. A three-year license for dogs that are not spayed or neutered is \$40. There is a \$20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a \$2 discount on dog licenses. You may now apply for dog licenses online at **www.romi.gov/179/Licensing-Dogs** 

# **Great Lakes Live Steamers**

The Great Lakes Live Steamers provides free miniature train rides in the Starr Jaycee Park on the first full weekend of every month from May to October, starting at 12:00 noon until 4:00 pm. All ages are welcome. Children must be accompanied by an adult to ride. Though rides are free, donations are appreciated to maintain the track and trains.



# **Royal Oak Nature Society**

# Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park & Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. The Nature Society is also developing the Fred A. Erb Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, e-mail us at **naturesociety@romi.gov**, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at **www.romi.gov/nature**. You can also find us on Facebook. Check **www.romi.gov/11/Nature-Walks** for park trail maps, park locations, plus where to meet for nature walks and park programs.

## **Speaker Programs**

At our speaker programs, we present speaker programs that are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can talk with the speakers afterwards and ask questions. There is no cost and registration is not required. Programs are held on Thursdays at the Royal Oak Historical Museum (1411 W. Webster) and begin at 7:00 pm. At present, there are no Nature Society speaker programs scheduled. When they do get scheduled, they will be posted on our website.

# Friends of Fungi Mycology Club

The Friends of Fungi Mycology Club will meet on **Thursday, November 13** at the **Royal Oak Historical Museum** (1411 Webster, just west of Crooks Rd.) beginning **at 7:00 pm**. Lorenzo Piccolo will be doing a program entitled "Ascomycota Fungi of Michigan." Everyone is welcome to come. There is no cost and registration is not required..

#### **Nature Walk Schedule**

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Fred A. Erb Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. There is no cost, and registration is not required for our nature walks.

DATE	TIME & PLACE	TOPIC
Sept. 20 (Sat)	2:00 pm at Tenhave	Forest
Sept. 27 (Sat)	10:00 am at Tenhave	Mushrooms
Oct. 5 (Sun)	2:00 pm at Cummingston	Fall Color
Oct. 12 (Sun)	2:00 pm at Tenhave	Fall Color
Oct. 19 (Sun)	2:00 pm at Cummingston	Fall Color
Oct. 25 (Sat)	10:00 am at Cummingston	Mushrooms
Oct. 26 (Sun)	2:00 pm at Tenhave	Fall Color
Nov. 16 (Sun)	2:00 pm at Tenhave	Geology

# **Park Shelter Reservations**

# Shelter Dates of Operation: April 1 through October 31

Rental Time slots are 10:00 am - 2:00 pm <u>OR</u> 3:00 - 7:00 pm

	Weekdays		Week	ends/Holidays
	Res.	Non-Res.	Res.	Non-Res.
Large Shelter-Normandy	\$125	\$175	\$150	\$200
Large Shelter-Memorial	\$75	\$100	\$100	\$125
Large Shelter-Starr/VFW	\$50	\$65	\$80	\$95
Small Shelter-Lawson	\$50	\$65	\$80	\$95
Small Shelter-Starr	\$30	\$45	\$40	\$50

#### Reserve at royaloakrec.recdesk.com/Community/Facility



Lawson Park small pavilion



Memorial Park large pavilion

# **Field and Gym Reservations**

Full payment is required for single-day reservations at the time of registration.

- A 20% non-refundable deposit is required for multi-day reservations.
- The balance must be paid 14 days before the reservation date; otherwise, the reservation will be forfeited, and the customer will be banned from making reservations for one year.
- New reservations will not be accepted by customers with an outstanding balance.

Please visit: **romi.gov/485/Facility-Pavilion-Rentals** for more information or to make reservations.

### **Salter Center Gym**

Multi-purpose gym that can be rented for \$60 per hour.

Please note:

- Food and drinks are not allowed in the gym.
- The gym cannot be rented for birthday parties.

#### Fields

Fees vary based on specific locations. Permits must be on-site to be considered valid.

Please note:

- No outdoor athletic field reservations will be made during the month of March.
- Parks & Recreation city partners are given priority field use during their designated permit time.



# **Rentals at M/M Community Center**

## 3500 Marais Ave., Royal Oak, MI 48073

Rentals are available Monday through Saturday only. Building closed on Sundays. A \$200 security deposit and full payment is due upon booking. The security deposit is refundable only if the following conditions are met:

- · Premises are left in the same condition as the start of the event. No damages or additional cleaning required by the city staff.
- Trash has been taken to the dumpster.
- Tiled floors have been swept.
- Tables and chairs returned as they were upon arrival.

No alcohol or bounce houses are allowed on the premises.

Optional add-ons may be available. Some rooms have a monitor, AV, amplified speaker and microphone podium, easel. Coffee service is
available for an additional fee.\*

CANCELLATION POLICY: A full refund will be given with 48 hours advanced notice, otherwise it will be forfeited.

If you would like to book a rental or require further information, please call **248-246-3900**.

Room/	Rental R	Rental Rate per hour A		Details
Facility	(w/food)	(w/o food)	Occupancy	
<b>Lounge</b> 608 sq ft	N/A	\$25	12	Square tables, chairs, carpeted floor, windows looking out to the Arboretum, TV in the corner
Game Room 1088 sq ft	N/A	\$25	20	Rectangular and square tables, chairs, carpeted floor; *Use of the pool tables is NOT INCLUDED and no food allowed.*
<b>Room 1</b> 400 sq ft	\$35	\$30	20	Rectangular and square tables, chairs, carpeted floor, dry erase board, TV in the corner
<b>Room 2</b> 416 sq ft	\$45	\$40	20	Rectangular tables, chairs, carpeted floor, sink, coat rack, pull-down screen projector
<b>Room 3</b> 638 sq ft	\$50	\$40	40	Rectangular tables, chairs, tiled floor, sink, coat rack, dry erase board, 50" monitor on wall
<b>Rooms 4 &amp; 5</b> 4416 sq ft	\$65	\$55	100-150	Oval tables, chairs, tiled floor, 86-inch monitor, 12 ft. ceiling, windows looking out to the Arboretum
<b>Room 7</b> 280 sq ft	\$30	\$20	10-12	Square tables, chairs, carpeted floor
<b>Rooms 8 &amp; 9</b> 1040 sq ft	\$55	\$45	45	Rectangular tables, chairs, tiled floor, 75-inch monitor, two sinks
Patio 2275 sq ft	\$35	\$25	N/A	Cement pavement surrounded by the Arboretum
Parking Lot 105 regular sp 10 accessible s		\$75	N/A	Call for details. Must provide own \$1 million dollar Liability insurance to indemnify the city for all accidents

<sup>\*</sup> **Coffee Service** is available at time of booking. Preparation includes regular or decaf brewed coffee, hot water, teabags, paper cups, powdered creamer, sweeteners, stir sticks and napkins. Fees are as follows:

30-person, \$20; 55-person, \$30; 100-person, \$35; 150-person, \$40; 200-person, \$50

# JOHN LINDELL I C E A R E N A ROYAL O A K

1403 Lexington BLVD. • Royal Oak MI 48073 **248-246-3950** 





Classes offered all year round. Ages 3 & Up. Introduction to skating.



The **New Edge Figure Skating Clu**b offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org



FUN!
RECREATIONAL
& COMPETITIVE
HOCKEY

Lil Eagles Learn to Play - ages 4-8

8 & under youth hockey program

Tier 3 (B) Hockey for 10u, 12u, 14u and 16u age groups

Tier 2 (A/AA) Hockey for ages 9 through 18.

royaloakhockeyclub.com







# - ADULT HOCKEY -LEAGUE

Spring/Summer League: LATE APRIL - MID JULY

**Fall/Winter League:** SEPTEMBER - MARCH

**BEGINNERS & ADVANCED** 



# SUBURBAN HOCKEY SCHOOLS

Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a positive learning experience.

suburbanhockey.com

For more information on any of these programs, please visit **ROYALOAKICEARENA.COM** 

# Community



# **Royal Oak Symphony Orchestra**

Join us in our 30th anniversary season of providing a cultural offering to Royal Oak and its neighboring communities! Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is composed of adults of all ages and professions. ROSO rehearses September to May every Wednesday evening from 7:30 p.m. to 9:30 p.m. at the Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab at www. royaloakorchestra.org.

Tickets available at the door or in advance at www.royaloakorchestra.org.

**Concert admission:** \$20.00 Adults; Seniors and Students \$15.00 Ages 12 and under free

Concerts are held at the Royal Oak Middle School auditorium on Fridays at 7:30 pm (note earlier start time).

# **Royal Oak Concert Band**

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit their website at www.royaloakconcertband.org.

# Tickets available at the door or in advance at www.royaloakconcertband.org.

Concert admission: Adults \$12; Seniors and Students, \$10 Ages 12 and under free

Concerts are held at the Royal Oak Middle School auditorium on Sundays at 3:00 pm.





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# Leo Mahany / Harold Meininger Senior Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900
Business Hours: 9:00 am - 4:30 pm, Monday through Friday
www.romi.gov

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

# **Code of Conduct**

Live the Golden Rule
Embody Honesty
Act with Patience
Take Responsibility
Listen Attentively
Communicate Effectively
Lead by Example
Be Proactive

# **Live Royal Oak**

Discover the Royal Oak Senior Community Center! We are committed to working with and for older adults to develop activities and services that support their efforts to remain healthy, active, and independent. Check out the next few pages to see what we have to offer. Join the mailing list or stop in and pick up the free monthly *Times Newsletter* to stay informed of all the daytime programs held in our building.

# Senior Program Registration

- To register for programs on the Senior Center pages, you may call 248-246-3900 and pay with a credit card OR you may register in-person and pay with cash, check or credit card. NO ONLINE REGISTRATION IS AVAILABLE.
- Registration for all extended trips should be done in person.
- Classes are open to adults of all ages who are available for daytime activities. No membership fee.
- Non-residents are welcome for an additional fee.

# **Refund Policy**

- For classes, no refund will be granted after the start
  of the second week of class. If it is a cooking class,
  you may cancel seven days before the date of class
  for a refund.
- Trip cancellations and refunds will vary and depend on the independent travel agency. For more information, call Kathy Kast at 248-246-3916.
- A \$10.00 processing fee will be deducted from all refunds.

# **Special Events and Workshops**

September		
1	Labor Day	CLOSED
2	Questions on Cremation L/L	11:30 am
4	1st Thursday Book Club	11:00 am
5	BINGO	12:30 pm
8	The Osteopractic Difference FREE	9:00 am
9	SOAA Meeting; Guest fee \$5.00	6:30 pm
15	Sushi Making Class FEE	5:30 pm
16	"Into Every Life" L/L	11:30 am
17	Legal Consultations FREE	By appt.
23	Importance of Annual Enrollment L/L	11:30 am
24	Soup and Salad with Super	11:30 am
24	Keep Learning with the ROPL	11:00 am
26	4th Friday M/M Book Club	10:00 am
29	Mistakes of Medicare L/L	11:30 am

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<b>October</b>		
1	Healthy Living Fair FREE	9:00 am
2	1st Thursday Book Club	11:00 am
3	BINGO	12:30 pm
6	Senior Living Q&A by appt. or walk-in	10:00 am
6	Welcome Newcomers	10:30 am
7	Grand & Me Craft; fee + materials	4:30 pm
7	SOAA Meeting; Guest fee \$5.00	6:30 pm
10	Senior Craft Class; fee + materials	10:00 am
13	Medicare: It's Complicated L/L	11:30 am
15	Legal Consultations FREE	By appt.
22	Keep Learning with the ROPL	11:00 am
24	4th Friday M/M Book Club	10:00 am
25	Early Voting Begins	Posted times

November		
3	Welcome Newcomers	10:30 am
4	Election Day CLOSED for prog	gramming
6	1st Thursday M/M Book Club	11:00 am
7	BINGO	12:30 pm
10	Senior Life Advisor Board L/L	11:30 am
11	FREE Dine-in Meal for Veterans - RSVP	11:30 am
11	R U on the MC Plan to fit Your Needs L/L	11:30 am
11	SOAA Meeting; Guest fee \$5.00	6:30 pm
14	How to Avoid Holiday Stress FREE	10:00 am
17	Sushi Making Class FEE	5:30 pm
18	Grand & Me Craft; fee + materials	4:30 pm
19	Legal Consultations FREE	By appt.
21	Coffee with a Veteran	10:00 am
21	4th Friday M/M Book Club - Special date	10:00 am
21	Senior Craft Class; fee + materials	10:00 am
27-28	Thanksgiving	CLOSED

# Have you signed up for a Kiosk Key Tag?

My Senior Center software allows us to keep accurate numbers of those who take part in our numerous programs. By swiping in with your kiosk tag, we can continue to provide you with the low-cost, unique programming we love to offer. If you are a current participant, it is recommended that you update your profile with your most current contact information. Please ask a staff member for assistance when you visit the Mahany/Meininger Senior Community Center.

## Mission Statement:

The City of Royal Oak offers older adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 50 and over or permanently disabled adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

## Royal Oak Seniors Resource Center

Stop by the Mahany/ Meininger Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call Carolyn Marsh at (248) 246-3917 for an application form. The fee to display in house physical brochures is \$150.00 per 12 months. The Royal Oak Senior Community Center and/or the City of Royal Oak does not provide medical advice, diagnosis, treatment, legal, financial, or professional service advice or endorse any professional services or institutions.



# **Drop-in Fitness Center**

Monday - Thursday, 9:00 am - 8:00 pm Friday, 9:00 am - 4:30 pm



Try out the new Fitness Center! The 1,034 square foot workout room is fully outfitted with treadmills, incumbent bikes, pulley weight machines, free weights, exercise balls, resistance bands, aerobic step platforms, an elliptical machine and workout benches! Start your Fitness Center journey with a DAILY DROP-IN or jump right in with one of the membership options below. For 50 years and older. Please call or see a staff member for further details.

Resident fee: Daily, \$3.00; Monthly, \$25.00; Biannual, \$125.00; Annual, \$225.00

Non-Resident fee: Daily, \$3.75; Monthly, \$31.00;

Biannual, \$156.00; Annual, \$281.00

# **Day Trips**



### Detroit Institute of Arts Fee: Res. \$5; Non-Res. \$10 Thursdays, 12:15 - 3:30 pm Sept 18 - Musical Performance TBD

The world-renowned Detroit Institute of Arts continues to serve as a place for inspiration, calm and respite. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour or musical performance, and a coupon for a free coffee at the Café DIA. 25- person minimum. Registration deadline: 2 weeks prior to the event date.

## Pioneer Wine Trail Bianco Tours Fee: Res. \$122 ; Non-Res. \$152.50 Wednesday, September 17 8:30 am - 6:45 pm

Get ready for three wine tastings today: St. Julian Winery in Dundee, Cherry Creek Cellars in Brooklyn, and Flying Otter Vineyard in Adrian. Lunch will be at Danley's Country House in Tecumseh where you will enjoy a family style lunch of "broasted chicken". You will also stop in at Russell Stover Chocolates, an American Classic since 1923, where you can get started on your holiday shopping. Cost includes transportation via motor coach, tastings and lunch. Registration deadline: September 3, 2025.

If you need special accommodations for travel, it is your responsibility to let us know upon registration.

Please call or visit Senior Center to register for all trips and see the complete list of trips offered. Overnight trips do offer rates for single rooms and triple rooms.

All prices and travel agent terms and conditions are notated on the trip flyers.

#### Historically Haunted Detroit: The Dark Side of History Bus Tour Rybicki Tours Fee: Res. \$140; Non-Res. \$175 Tuesday, October 28 10:00 am - 3:00 pm

Together with your professional step-on guide, you will learn the stories that have intrigued, scared and delighted Motown's residents for generations! Lunch will be at Taqueria Mi Pueblo, a beloved Mexican restaurant established in the late 1990s, which began as a weekend taco operation in a family room and has since grown into a bustling authentic restaurant. Cost includes transportation via modern motor coach, guided tour and lunch. Registration deadline: September 30, 2025.

### Parade Company Bianco Tours Fee: Res. \$119; Non-Res. \$148.75 Friday, November 7 8:45 am - 3:30 pm

Take a look behind the scenes at The Parade Company Studio! Enjoy lunch at Sindbad's on the Detroit River, and lastly, take a guided stroll through 1Whitney mansion while sipping champagne. Cost includes transportation via motor coach, lunch and tours. Registration deadline: Oct. 24, 2025.

### Nite Lights at M.I.S. Bianco Tours Fee: Res. \$96 ; Non-Res. \$120 Thursday, December 4 2:30 - 8:45 pm

Michigan International Speedway, in Brooklyn, MI, hosts one of Michigan's largest Christmas light displays. We will be driving right on the track and along pit row through this animated display for over three miles! We'll stop for a buffet lunch at Jerry's Pub before the lights tour. Cost includes transportation via motor coach, lunch and tour. Registration deadline: November 20, 2025.

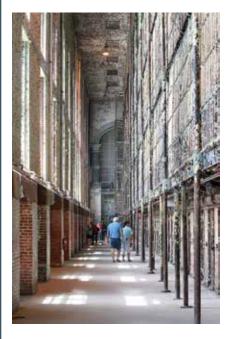
## Holly History and Harmony OCP Fee: Res. \$50; Non-Res. \$62.50 Tuesday, December 9 4:15 - 9:15 pm

Enjoy an elegant buffet prepared by Oaks Management at the Buhl Estate in Addison Oaks County Park. Learn about the history of Addison Oaks, then listen to seasonal music from the twelfth Night Singers. Transportation provided by Oakland County Parks. Bus pick-up will be at the Troy Community Center – North Entrance. 3179 Livernois Rd. Troy, MI 48083. Limited seating, registration deadline, Nov. 21, 2025.

# **Extended Trips**

### Haunted Happenings \$450pp/DBL October 31-November 1, 2025 Bianco Tours

A two-day journey to Northwest Ohio for the Haunted Happening Tour. Day one includes a two-hour train ride, on the Cuyahoga Railroad where you will ride through the beautiful fall foliage, while enjoying a boxed lunch. Then, refresh at the hotel before an interactive Murder Mystery Dinner Show! Celebrate Halloween with a fun "who-dun-it". Day two take a tour of the Ohio State Reformatory, where you will visit the cells of some of history's toughest criminals. Tour the intact set of one of the world's favorite movies, The Shawshank Redemption. Whether you are reliving scenes from classic films, or basking in the beautiful Romanesque architecture, take a walk through history with this guided tour. *To fully* enjoy this tour you will need to climb numerous stairs. Cost Includes: transportation via deluxe motorcoach, one-night accommodation at Springfield Suites or Courtyard by Marriott Canfield, OH; one breakfast, one lunch and one dinner. \$20 deposit due upon registration. Balance due and registration deadline: September 15, 2025.



More Day Trips on page 26

# **Extended Trips**

continued from page 25

#### Illumi Toronto \$999pp/DBL November 19-21, 2025 Shoreline Tours

Take advantage of this never before offered short holiday getaway to see Niagara's Festival of Lights, one of Canada's premier Christmas lights festivals. Travel to Niagara Falls and enjoy a highlights sightseeing tour before checking in to the 4-start Hilton Fallsview resort. Dinner will be at the Greg Frewin Theatrical Center where you will see the world-class Discover the Power of Illusion & Evolution of Magic Show. After dinner tour through the dazzling Festival of Lights. Day 2 includes The Famous People Players Theatre, lunch and Dinner, and then ILLUMI, the largest holiday light, sound and multimedia show in the world. Day 3, after breakfast enroute home experience a guided tour of Dundurn Castle, a 40-room Italianate -style villa built in the 1830s. Cost includes: round trip transportation via modern motorcoach, 2-nights accommodations, 2 breakfasts, 2 lunches and 2 dinners, all attractions outlined on the flyer. \$200 due upon registration. Balance due and registration deadline: September 10, 2025



# A Grand Hollanday Christmas \$364pp/DBL December 10-11, 2025 Bianco Tours

This Christmas expedition starts off in the Christkindl Markt in Grand Rapids, a German style market with 60+ artisan food and gift vender and holiday entertainment. After lunch on your own, visit the Frederik Meijer Gardens for the Festival of Trees Display. After dinner at Brann's Steakhouse, you will take a drive through Comstock Park which features over a million lights! Day 2 includes a visit to the Critter Barn with a guide, to experience a live nativity performance. Then it is off to downtown Holland for shopping and lunch on your own. The final stop before heading home is the Robinette Apple Haus Christmas Gift Barn. Cost includes: Transportation via deluxe motor coach, 1 night at Holiday Inn Express Grand Rapids North, 1 breakfast and 1 dinner, admission to all attractions. \$20 due upon registration, registration deadline and final payment due by October 24, 2025

# Sensations of the South \$2,991 pp/DBL March 13 -22, 2026 Bianco Tours

10 days/ 9 nights featuring 3 nights in New Orleans! The first stop is Berea KY, including the Old Kentucky Dinner Train, the Kentucky Horse Park, and the Kentucky Artisan Center. Then it is off to Stone Mountain in Georgia, and the Wind Creek Casino in Atmore, Al. Day 4 head to Mississippi to experience the Biloxi Shrimping Trip, and more sight-seeing before heading to New Orleans. Spend 3 nights in New Orleans while touring the city during the day. Take in the French Market, the Mardi Gras World Tour, the Jean Lafitte Swamp Tour, and take a Jazz Dinner Cruise! Day 7 head to Natchez MS, to tour Stanton Hall, and Longwood, before settling in for the night in The Waterview Casino & Hotel. Day 8 includes a guided tour of Vicksburg National Military Park and free time in downtown Vicksburg. Day 9, tour Graceland, Sun Studio and then dinner at Loretta Lynn's Kitchen. Day 10 travel back home after breakfast. Cost includes transportation Via deluxe motorcoach, 9 nights of hotel accommodations, 8 breakfasts, 4 lunches and 7 dinners and all the attractions listed on the flyer. \$100 deposit due upon registration, registration deadline and final balance due January 7, 2026.

# Presidential Estates & Cherry Blossoms \$2,699 pp /DBL April 7-12, 2026 Shoreline Tours

Six days and five nights immersed in history and the beauty of our nation's Capital. Guided tours of the Lincoln and Vietnam Memorial, the Holocaust Museum, and Arlington National Cemetery. Visit George Washington's Mount Vernon and spend two nights lodging at the 4-star Williamsburg Lodge. Spend a full day exploring Colonial Williamsburg after a one-hour guided walking tour. Tour Monticello, the home of Thomas Jefferson, and finally stop on the way home to take a tram tour through the vintage Beckley Coal Mine. Cost includes: Transportation via modern motorcoach, 5 nights lodging, 5 breakfasts, 2 lunches, 3 dinners, and all attractions listed on the flyer. \$500 due upon registration, registration deadline and final balance due by February 7, 2026.



# **collette**

#### Explore Northern Italy \$3,899pp/DBL November 5 -13, 2026

W/air from DTW and 11 meals. (7 breakfasts, 1 lunch & 3 dinners)

Highlights: Treviso, Tiramisu-Making Demonstration, Verona, Glassblowing Demonstration, Venice, Asolo, Prosecco Winery, The Dolomites, Bassano del Grappa, Venetian Villa Visit. Save \$100 by registering before May 6, 2026. Travel arrangements through Collette.

#### **Welcome Newcomers**

1st Monday, 10:30 am Oct. 6, Nov. 3 Closed Sept. 1 FREE

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. **Call ahead to register.** Need a ride from your R.O. home? Call 248-246-3914.

#### **Billiards**

Day drop-in: Res. 50¢; Non-Res. 75¢ Month unlimited: Res. \$3.00; Non-Res. \$3.75

Two pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday, 9:00 am - 4:30 pm.

# **Drop-In Cards**Rubber Bridge

**Mondays, 12:15 - 3:30 pm** *No Cards Sept. 1* **Res. \$1.00 ; Non-Res. \$1.25** 

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

#### Pinochle

Tuesdays, 12:30 - 3:30 pm Res. \$1.00; Non-Res. \$1.25

Drop-in for Pinochle and meet new friends.

Duplicate Bridge Wednesdays, 12:15 - 3:30 pm Res. \$2.00 ; Non-Res. \$2.50

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

#### **Euchre**

Thursdays, 12:30 - 3:30 pm

No Euchre Nov. 27

Res. \$1.00; Non-Res. \$1.25

Euchre is played with 4 players split into teams of 2. A deck consists of the Aces, Kings, Queens, Jacks, 10's and 9's of each suit. Rounds last 5 turns, or "tricks". Players place 1 card down, the card with highest value of the suit led wins the trick. Most points win the round. Must be able to play all 7 rounds. Must be knowledgeable in the game and able to keep pace with players.

The Royal Oak Senior Community Center no longer accepts donations of yarn or fiber crafts tools. Helping Hands, Sit n' Knit, and Crochet Creations will accept your donation directly. Bring your donations ONLY during the groups' meeting times listed below. The group will inspect and select the donations they need. Currently only accepting red, white and blue yarn.

# Crochet Creations and Sit 'n Knit Combined

Tuesdays, 1:00 - 3:00 pm
Fee per person/per session for room use:

Res. 50¢; Non-Res. 75¢

Attention all Yarn Craft Enthusiasts: These two groups are combining on a new day and time!

Come and join in on "yarn arts", knit or crochet while visiting. Share works in progress, pattern discussions, and/or get help reading a pattern or learning a new stitch. Beginners are welcome, Get helpful advice from others. Drop-in fee is payable at the front desk.

## **Helping Hands**

Tuesdays & Thursdays, 9:30 am No meeting Nov. 27

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Corewell Health, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

#### Quilters

Tuesdays at 10:00 am - 2:00 pm Res. \$5.00 ; Non-Res. \$6.00 / month

for room use

OR \$2.00 drop-in fee

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. Dues are payable on the 1st Tuesday of each month. Fees are payable at the front desk.

## Soup and Salad with the Super Wednesday, Sept. 24, 11:30 am

This special event offers you the chance to share a meal and engage in conversations with the Superintendent of Royal Oak Schools and the Royal Oak High School Class of 2026 Seniors. Call 248-246-3900 for information and registration details.

# Royal Oak Senior Healthy Living Fair

Wednesday, Oct. 1, 9:00 am - 1:00 pm

ATTENTION Royal Oak Seniors and SUR-ROUNDING AREAS: Join us for resources on nutrition, self-care, vaccinations, and more. Free refreshments and opportunities to connect with essential services and local organizations that will help you with Healthy Living. Call 248-246-3900 to RSVP by Sept 15 and you will be entered into a Prize Drawing. Walk-ins

## **Mah-Jongg Beginner Class**

Tuesdays, 1:00 - 4:00 pm

Sept. 30 - Oct. 21

welcome.

Res. \$50; Non-Res. \$62.50/4 weeks

For all beginning students or those wanting a refresher. Instructor Robin Kaufman grew up watching her mother play Mah-Jongg and developed a love for the game in her adulthood. Come well-rested and with a clear head – there is a lot of information to absorb in the first class! The National Mah-Jongg League rules are followed; \$14 Materials Fee payable to the instructor at the first class. Don't wait to sign up – 8-person maximum. Sign-up deadline: Sept. 16.

# **Mah-Jongg Drop-In**

Res. 50¢; Non-Res. 75¢/session

#### Tuesdays, 1:00 - 4:00 pm

This group is open to everyone who is interested in making friends, having fun, and playing American Mah-Jongg. Players of all levels are welcome, from beginners to experts, but a basic understanding of the game is required. Advanced players should be willing to assist novices as necessary. Join us for a fun time!

### Wednesdays and Fridays, 9:30 am - 12 noon

Experienced players may drop in and play on Wednesday and Friday mornings. Players must follow National Mah-Jongg League rules only.



# Friday Recreational BINGO! 1st Fridays at 12:30 pm

Sept. 5, Oct. 3, Nov. 7
Preregister by phone or in person

Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (MAX 5 extra cards). Format is 5 regular games with prizes and one coverall round with a Grand Prize of \$5.00. Fall Bingo prizes are sponsored by Debbie Spencer REALTOR® AT Properties Realty. Join us for lots of fun!

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.



## Rummikub with a "Twist" Every Tuesday, 11:00 am - 1:00 pm Res. 50¢: Non-Res. 75¢

This group is open to everyone who would like to play Rummikub. We play with a twist. Our rules differ from the official rules. Much like Rummy style, only played with tiles vs cards. Players take turns placing numbered tiles in runs and groups. The "twist" allows players to tile horizontally and vertically, like a crossword puzzle. Game tiles are supplied by attendees at each meeting.

Please drop in to play and try it without any commitments or judgment. Our rules are a bit different but not challenging. We are willing to teach and show you how to play.

## **Band Jam and Vocals**

Every Friday 1:10 - 4:00 pm
Fee per person to play or to listen:
Drop-in: Res. \$2.00; Non-Res. \$2.50
Monthly: Res. \$5.00; Non-Res. \$6.00

Come sing and/or play at the Royal Oak Jam Session. All talent and skill levels of voice and instruments are welcome. Bring your instrument or vocal chords! A vast range of songs (new ones submitted by attendees). Everyone participates and everyone chooses songs. Text messages to volunteer group leader Jim for inquiries at 248-302-6036.

# Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Mondays, 5:30 - 7:30 pm Sept. 15, Nov. 17, Dec. 8 Res. \$42; Non-Res. \$52.50 / class

Don't miss out on the fun! Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home! Open to all ages. Please call by Friday before the date of class to register.

## **Massage Therapy**

By appointment only 30-minute massage: Res. \$35; Non-Res \$43.75 60-minute massage: Res. \$60; Non-Res \$75

Licensed massage therapist Heidi, who is celebrating 12 years of serving our center and clientele, offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy. Please call the center for an appointment: 248-246-3900. Books up fast!

#### **Garden Club**

Since 1932, the Royal Oak Garden Club has welcomed all garden enthusiasts and those curious about gardening. During the summer, members focus on being out in their gardens, so the club does not hold regular meetings or educational events. However, it does hold frequent members-only social mingles in member gardens. If you would like to explore joining the club, please email **royaloakgardenclub@gmail.org** to request additional information. **Regular general meetings will resume in September 2025.** 

# Koffee Klatch Fridays, 1:00 - 2:30 pm M/M Senior Community Center 3500 Marais in Royal Oak

A discussion and networking group for LGBTQ+ community ages 45 and over. Meetings are open to any topic presented by those in attendance. Various social outings and potlucks are held throughout the year.



# Keep Learning with ROPL: Technology Help, and More!

4th Wednesday of each month Sept. 24, Oct. 22, Nov. 26 11:00 am - 12:00 pm

FREE

A Royal Oak Public Library staff member will visit the M/M Center to answer your technology questions and ensure that you maximize your library membership. Whether you need a library card, have a smartphone question, need help with your email or want to learn about online resources, they can help! The focus will be on technology. Be sure to check back for future topics in the *Times* newsletter. It's FREE to attend. Please bring your own device if you have one. Call 248-246-3900 to RSVP in advance.

# M/M Book Clubs

In partnership with ROPL

Two options are available to fit your schedule. Free for everyone!

1st Thursdays, 11:00 am - 12:30 pm Sept. 4, Oct. 2, Nov. 6

Contact volunteer Reyes, 248-545-6064
This club chooses books by consensus among the members and the Royal Oak Library provides the books to ROSC in time for discussions.

## 4th Fridays, 10:00 - 11:30 am Sept. 26, Oct. 24, Special Date Nov. 21

Contact volunteer Doris, 248-586-0045
This group also chooses books among members and then votes on the order in which they read and discuss each. They are volunteer leaders, so don't hesitate to contact each other and ask guestions.



## Painting – All Media

Thursdays, 9:15 - 11:45 am Sept. 25 - Nov. 13 Res. \$65; Non-Res. \$81.25/8 weeks

**Dec. 4 - Feb. 5, 2026** No class Dec. 25, Jan. 1 Res. \$65; Non-Res. \$81.25/8 weeks

Explore the exciting art world of watercolor or acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. A supply list is given at sign-up for those without any of their own supplies. Preregister.

## **Watercolor Painting**

Fridays, 9:15 - 11:45 am Sept. 26 - Nov. 14

Res. \$65 : Non-Res. \$81.25 / 8 weeks

**Dec. 5 - Feb. 6, 2026** No class Dec. 26, Jan. 2 Res. \$65; Non-Res. \$81.25/8 weeks

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in weton-wet through to finishing with techniques that include dry brush. A supply list is given at sign-up for those without any of their own supplies. Preregister.

## **Watercolor Techniques** Wednesday evening, 6:15 - 8:45 pm

Sept.10 - Oct. 29

Res. \$80; Non-Res. \$100/8 weeks

In this class we will explore various watercolor techniques and practice suggestions for using these techniques. We will get through as many techniques as we can during this course, but we will allow time for all participants to enjoy and feel comfortable with using each technique. Students can work at their own pace with each technique and create as few or as many paintings as they wish. Near the end of the course, a piece (or pieces) of artwork combining favorite techniques can be created. Suggested supply list available upon registration. Instructor: Joyce Knight-Coyne

## **Independent Art Studio** for Painters

Friday mornings 9:15 -11:30am Drop-in: Res. \$2.00; Non-Res. \$2.50

Bring your painting supplies and join a fun group of artists who love to work alongside others while enjoying conversation and friendship.

# Susan Robb **Crafting for All Ages**

## **Grand and Me Fall Leaf Lantern**

Tuesday, Oct. 7, 4:30 - 6:00 pm Res. \$7; Non-Res. \$8.75

+ \$7 cash for supplies per person

A special class for a grandparent and their grandchild/ children. Both the grandparent and the grandchild will make a lantern. To create this craft, artificial fall leaves are applied to a glass jar with a lid and handle to transform it into a lantern. A battery-operated candle will be supplied to illuminate the lantern. Preregister.

# **Senior Craft Class** Fall Welcome Sign

Friday, Oct. 10, 10:00 - 11:30 pm Res. \$7; Non-Res. \$8.75 + \$10 cash for supplies per person

Create a beautiful fall welcome door hanger to beautify your home. Fall flowers, special fall ribbon, and a wood welcome applique are applied to a unique circular base. Preregister.

## **Grand and Me Christmas Ornaments**

Tuesday, Nov. 18, 4:30 - 6:00 pm Res. \$7; Non-Res. \$8.75

+ \$7 cash for supplies per person

Grandparent and grandchild each create three glass ball ornaments. There will be many different options available to make the ornaments unique. Preregister.

# **Senior Craft Class Holiday/Winter Wreath**

Friday, Nov. 21, 10:00 - 11:00 am Res. \$7; Non-Res. \$8.75

+ \$15 cash for supplies per person

Create a beautiful silver and white winter wreath using snowflakes along with white and silver accents, and snowflake ribbon. This wreath can stay up after the holidays and brighten your home through the winter. Preregister.

## Creative Coloring Club

Every Monday, 10:15 - 11:45 am

No meeting Sept. 1

\$2 material drop-in fee or Res. \$5: Non-Res. \$6 / month

Discover the joy of coloring at the ROSC! Choose from beautiful designs on cardstock or from our selection of coloring books. All materials provided. Engage your mind and improve your fine motor skills while connecting with fellow coloring enthusiasts in a friendly atmosphere. Make coloring your new hobby. Call 248-246-3900 for more information.

## Mini Makers aka Wee Bees

1st Mondays in Room 3, 10:00 am - 2:00 pm Sept. 8, Oct. 6, Nov. 3

Res. and Non-Res. fees TBD

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "dollhouse scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. (If the building is closed for a holiday, we'll meet the next Monday.)

For more information, contact CarrieStroup86@gmail.com



# **South Oakland Art Association**

Since 1960

1st Tuesday of each month at the M/M Community Center (Rooms 8 & 9) Sept. 9, Oct. 7, Nov. 11, Dec. 2 6:30 - 9:00 pm \$5.00 guest fee; Annual dues \$30.00

Artists and art lovers are welcome! Monthly meetings September through June feature speakers, demonstrations, paint-togethers and art-related activities for adults of all ages

#### Join us at our upcoming event:

#### **Annual Member Art Show & Sale**

Nov. 1-15, 2025 at the RO Historical Museum, 1411 W. Webster.

Visit southoaklandart.com or email roac.carol@gmail.com for more information.

# **Mahany/Meininger Center Presents**

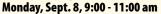
#### **SENIOR VIBES!**

**EXCITING DISCUSSION GROUP** 

2nd Wednesday of every month, 10:30 - 11:30 am Drop-in fee: Res. 50¢; Non-Res. 75¢ per person

Join our Senior Vibes discussion group for a positive and relaxed atmosphere to spill the T! Here, you can freely discuss thoughts and feelings about situations impacting your surroundings. We aim to create a fun and happy environment by sharing joyful life experiences as we learn from each other. As a member, you'll find a sense of belonging, camaraderie, and mood boost through connecting with other older adults. The group is led by our Vibing Volunteer, Ilene Orlanski, a professional with training in group dynamics and facilitation, as well as prior volunteer experience in support group moderation. The group features built-in topics of discussion, exchange of ideas, occasional guest speakers, hot coffee, hot tea and hot topics!

# The Osteopractic Difference



Please join us ffor an informative health event as we welcome Erik Rebbe PT, DPT, Cert. DN, Cert. BFR, LSVT-BIG to discuss the Osteopractic Difference. Learn how this advanced, evidence-based approach to physical therapy goes beyond traditional methods to help relieve pain, restore mobility, and improve quality of life. The presentation will cover techniques such as dry needling, spinal manipulation, and targeted exercise therapy, followed by a Q&A session. This is a great opportunity to discover how Osteopractic care can benefit seniors dealing with chronic pain, arthritis, or mobility issues. All are welcome! No insurance billing. Must RSVP for this event.

# American Sign Language (ASL) with Lamarr Paige - Level 2

Wednesdays 5:30pm -6:30pm Sept. 10 - Oct. 29

Fee: Res. \$80; Non-Res. \$100/8 weeks

This is a continuation of Level 1 (ONE) ASL. Delve deeper into Deaf culture and community. Level 2 ASL is an introduction to more vocabulary and defines grammatical understanding. First day of class is refresher to review the basics of ASL level 1 and to add new vocabulary to expand your abilities. Each class builds confidence, worksheets are shared for review. ASL Level 2 is for anyone 6th grade to Adult who has completed level 1 ASL. Register by Aug 29.

### **Computer Club**

2nd & 4th Wednesdays, 12:30 pm Sept. 10 & 24; Oct. 8 & 22; Nov. 12 & 26 Drop-in fee: Res. \$3.00; Non-Res. \$3.75 per person

Beginner to experienced computer and tech enthusiasts. All levels are welcome; no membership required. Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions.

# Save the Date: AARP Safe Driver Workshop September 25 & 26

#### AARP member \$30; nonmembers \$35

AARP Safe Driver will return for a two-day in-person classroom teaching session. Please check the monthly Times newsletter for exact times and RSVP dates.

# Come Talk to A Physical Therapist Friday, Oct. 3



#### By appointment 11:00 am -2:00 pm; walk-in available

Have you had pain or physical limitations that your are dealing with? Visit Doctor of Physical Therapy Douglas Johnson from Foundation Manual PT. You will receive a 20 minute mini evaluation to let you know If PT would be beneficial you. Call for an appointment. No insurance billing.

# Senior Living Q & A

Monday, Oct. 6

Call 248-246-3900 for an appointment and time

Information and advice on where and how to afford senior living from leasing director and Certified Senior Advisor. Walk-ins also welcome.

# "We Thank You for Your Service" Veterans Day Lunch from Tim's Kitchen



The Royal Oak Senior Community Center is offering a free dine-in meal and presentation for all current and prior military service members (active or reserve). Please call 248-246-3900 to RSVP by Nov. 4. When you call, kindly provide us with your branch of service. We look forward to honoring you!

## Coffee with a Veteran

Tuesday, Nov. 11 at 11:30 am



Friday, Nov. 21 10:00 am - 12:00 noon

Please join us for a morning of camaraderie, refreshments, and veteran resources. The event will take place at the Royal Oak Senior Community Center. Representatives from the MVAA and Easterseals MORC Veterans Services Team will be on-site to answer questions regarding VA benefits, Veterans Resources, and MVAA services. The event is for all current and prior military service members (Active and Reserve), veterans, and their families. This free event will include coffee, donuts, a raffle, and a door prize. Space is limited; please call 248-246-3900 to RSVP by Nov. 3

# Ask the Computer Lady!

**Tuesdays** 

11:00 am - 12:00 pm; 12:15 - 1:15 pm; 1:30 - 2:30 pm Res. \$35; Non-Res. \$43.75 per person

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay. Please provide 24 hours notice for cancellations.

# **Lunch and Learn Series**

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

#### Questions on Cremations Tuesday, September 2

Presenter: AJ Desmond and Sons

What does cremation entail? Can I have a traditional visitation before I'm cremated? What can be done with my cremated remains? Can my cremated remains be "mailed" to loved ones? Can more than one cremated remains be buried in one cemetery plot? What if I die while on vacation or away from home? Can I still be cremated? Is cremation less or more expensive than a burial?

RSVP by August 25; call 248-246-3900.

### Into every life, some rain will fall. What does your umbrella look like? Tuesday, September 16

Presenter: Rita Capkey

How to make the most of your money that is safer than the market, receive monthly income for YOUR life and beyond. What to do with the sale of your last home. Moving into Senior Living? Pre-retirees, where is your balance with your 401k, 403b or IRAs?

RSVP by September 8, call 248-246-3900.

#### The Importance of Annual Enrollment Period Tuesday September 23

Presenter: Mark Steffans

Free workshop designed to take the confusion out of Medicare and what to pay attention to during this Annual Enrollment Period. Here are some of the topics we will cover: • What is Medicare and do I have to enroll? Enrollment, premiums, and penalties for Medicare? • When do I sign up for Medicare? How to compare Medicare Advantage to Medicare supplements? Who is eligible for Medicare? Answer any questions you may have! This is a very confusing topic, and we want to make sure you under stand all aspects of Medicare so you can make the best decision for your healthcare coverage. No cost to attend and lunch will be served.

This is an educational event; no products will be sold at this event. Mark Steffens is a licensed and certified agent who works with Medicare enrollees to explain Medicare Advantage, Medicare Supplement, and Prescription options.

RSVP by September 15; call 248-246-3900.

New Lunch and Learn topics are frequently added. Please see monthly *Times* for new topics or call the Royal Oak Senior Community Center to see what is new.

#### Mistakes Of Medicare Monday, September 29

Presenter: Andrea Hicks

Mistakes of Medicare presented by Andrea Hicks Medicare is confusing and very complex! There are so many different components to it and mistakes happen everyday. Often people don't even know that they are making a mistake or have made one. Andrea will discuss some of the most common mistakes people make and how to avoid making one yourself!

RSVP by September 22; call 248-246-3900.

#### Medicare: It's Complicated! Monday, October 13

Presenter: Rita Capkey

Are you FULLY insured? Do you have the right prescription plan? As your health changes, your needs may need tweaking. New info for 2026.

RSVP by October 6; call 248-246-3900.

# Senior Life Advisor Council: Your Trusted Advisor Panel Monday, November 10

Presenter: Senior Life Advisor Council

A distinguished team of trusted advisors dedicated to addressing questions and offering essential resources and solutions to the senior community. Professional Advisors: Independent Living | Assisted Living | Memory Care | Financial | Medicare | Funeral Planning | Moving Care Transition | Organizing | Rehabilitation PT | Home Health Care | Hospice | Private Duty | Law | Power of Attorney | Estate Planning | Respite | Occupational Therapy.

RSVP by November 3; call 248-246-3900.

#### Are you on the correct Medicare plan? Tuesday, November 11

Presenter: Andrea Hicks

Many people will sign up for a certain Medicare plan because it is one that a family member, a friend, or neighbor is on. Every Medicare plan is different just like us as individuals and I will discuss what you need to address before the end of AEP (Annual Enrollment Period) which ends December 7. I want you to feel confident and comfortable knowing the plan you picked will work best for you in 2026.

RSVP by November 3; call 248-246-3900

## **Chair Exercise with Cindy**

Wednesdays, 9:30 - 10:15 am

Sept. 3 - Oct. 15

Res. \$49; Non-Res. \$61.25 / 7 weeks

Oct. 29 - Dec. 17

No class Nov. 26

Res. \$49; Non-Res. \$61.25 / 7 weeks

Fridays, 9:30 - 10:15 am

Sept. 5 - Oct. 17

Res. \$49; Non-Res. \$61.25 / 7 weeks

Oct. 31 - Dec. 19

No class Nov. 28

Res. \$49; Non-Res. \$61.25 / 7 weeks

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

## **Chair Yoga with Cindy**

Wednesdays, 10:30 - 11:15 am

Sept. 3 - Oct. 15

Res. \$49; Non-Res. \$61.25 / 7 weeks

Oct. 29 - Dec. 17

No class Nov. 26

Res. \$49; Non-Res. \$61.25 / 7 weeks

Fridays, 9:30 - 10:15 am

Sept. 5 - Oct. 17

Res. \$49; Non-Res. \$61.25 / 7 weeks

Oct. 31 - Dec. 19

No class Nov. 28

Res. \$49; Non-Res. \$61.25 / 7 weeks

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

# **Drop-in Line Dancing**

Fridays, 1:00 - 3:00 pm

Fee: Res. \$3.00; Non-Res. \$3.75 per session

This class consists of beginner and high beginner dances for those who **have some line dance experience**. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! NO BOOTS. MUST HAVE SOME EXPERIENCE. Instructor-Jeannette Forster

## **Social Square Dance**

Mondays, 1:00 - 3:00 pm Wednesdays, 7:00 - 8:45 pm

Drop-in: Res. \$7.00; Non-Res. \$8.75 per class CASH ONLY

This dance group will teach you how to move in a square of eight people. An excellent way to get cardio while still having low impact on joints. The directions are simple and Walt creates a fun atmosphere while calling out the moves. No partner necessary. Wear comfortable shoes that won't mark up our floors. Ask about monthly Friday evening dances with creative themes!

# GOLD Toning® Zumba with Debbie

Fridays, 12:00 - 1:00 pm Drop-in: Res. \$6.00; Non-Res. \$7.50 per class CASH ONLY

Join Debbie as your instructor for a group class with lots of positive body movements. Wear comfortable clothing, athletic shoes and bring a bottle of water. On pleasant weather days the class is held outdoors. She will entertain you with her personality, get your blood pumping and teach you with the beat stomping music of Zumba routines. Beginners to advanced Zumba dancers are welcome, modifications can be made to keep students comfortable but remain involved. All abilities will gain health benefits. Weights are available for purchase from the instructor, but not required.





## **Gentle Yoga**

Please note NEW TIME

Mondays, 10:30 - 11:30 am Sept. 8 - Oct. 20

Res. \$49; Non-Res. \$61.25 / 7 weeks

Nov. 3 - Dec. 15

Res. \$49; Non-Res. \$61.25 / 7 weeks

Mondays, 1:00 - 2:00 pm Sept. 8 - Oct. 20

Res. \$49: Non-Res. \$61.25 / 7 weeks

Nov. 3 - Dec. 15

Res. \$49; Non-Res. \$61.25 / 7 weeks

Thursdays, 1:00 - 2:00 pm

Sept. 11 - Oct. 23

Res. \$49; Non-Res. \$61.25 / 7 weeks

Nov. 6 - Dec. 18

No class Nov. 27

Res. \$42; Non-Res. \$52.50 / 6 weeks

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility, and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. **Please bring a mat and wear comfortable clothing.** Instructor Noreen Daly.

# Tai Chi Chen Style with Han

Thursdays, 9:15 - 10:00 am

Sept. 11 - Dec. 4

No class Nov. 27

Fee: Res. \$84; Non-Res. \$100/12 weeks

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form.



#### Tim's Kitchen

The current month's meal calendar will be available in the *Times* Newsletter and online at romi.gov. Menu is subject to change without notice due to availability. All meals are \$5.00 each and payment is due upon placing order either by phone with a credit card OR in person with cash, credit card or check. Ordering DEADLINE is by 11:30am THREE BUSINESS DAYS PRIOR to the date you want to purchase. Closure may affect cut off dates. There is no same-day purchase, punch cards, or walk-ins. DINE IN ORDERS CANNOT BE CHANGED TO CARRY-OUT. Carry-out lunches will be refrigerated in compliance with food safety protocols and will be available for same day pickup only until 4:00 pm. There are NO REFUNDS if you are not able to come in to eat or pick up your lunch.

#### **Meals on Wheels**

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

# **Medical Equipment Loan Closet**

This is a donation-based service. Items donated to us are lent out at no charge and "as is". Keep as long as necessary. We inspect all items received to the best of our ability and lend them out in good faith. The City of Royal Oak and Senior Community Center will not be held liable for any malfunction of equipment.

The following items are accepted for donations to lend out: shower chairs, bed rails, rollators, knee scooters, raised toilet seats, bedside commodes, standard canes, reach assistance devices, standard and large wheelchairs.

We **DO NOT ACCEPT** the following: crutches, slings, air casts, wedge pillows, nebulizers, adult incontinence products, medical tubing.

Please call ahead prior to donating and/or borrowing to see if we have storage space and to check for availability.

## **Transportation**

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am - 4:00 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts.

Prepaid tickets are available:

\$24 / 5 round-trip tickets \$14 / 5 one-way tickets

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Corewell Health, SMART Municipal and Community Credit Funds, and rider donations.



## R.O.S.E.S. - Royal Oak Senior Essential Services

R.O.S.E.S. is a program designed to assist city residents aged 62 and older and who qualify to live more independently in their own homes. To qualify for subsidy, **you must live in your own home alone, with a spouse or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for subsidy assistance.** 

Services available include:

**Home Chores** - Household tasks such as yardwork, housework, and gutter cleaning (first level only) are available. No windows, weeding, wall washing or roofing.

**Home Repair -** Repairs that do not require a licensed contractor are available to homeowners. Repairs including minor plumbing, carpentry and minor electrical. No roofing.

**Personal Home Care** - Includes assistance with activities of daily living; bathing, meals, shampoos, dressing and help with ambulating. Personal aides cannot handle incontinent clients and are not trained to clean up bodily fluids. NO pill sorting or dispensing of medication.

**No Pet Care** - We do not walk, handle feedings or clean up after pets.

#### Rates Effective April 1, 2025

Income-One	Income-Two	Hourly Rate
\$0 - \$21,250	\$0 - \$24,250	\$3
\$21,251-\$35,350	\$24,251-\$40,400	\$5
\$35,351-\$56,600	\$40,401-\$64,650	\$7

The City of Royal Oak sponsors this service. Please call **248-246-3919** for more information.

# Earn \$ Helping Seniors with Home Chores

The **Royal Oak Senior Essential Services** (**R.O.S.E.S.**) program, located at the City of Royal Oak Senior Community Center, is seeking new contracted, paid employees to assist our Royal Oak Seniors with home cleaning services to help keep them in their home and aging in place.

Please call **John Dionne** at **248-249-3919** or email him at **John.Dionne@romi.gov** to ask questions or get started!

# Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

#### **Looking for a Few Good Volunteers!**

The M/M Community Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

# Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE Oct. 6, Nov. 3 No meeting Sept. 1

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

## **Aphasia Support Group**

Thursdays, 10:00 am - 12 noon *No meeting Nov. 27* 

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

# Grief Support — Living On Hosted by Hospice of Michigan 1st and 3rd Fridays, 10:30 - 11:30 am

Sept. 5 & 19, Oct. 3 & 17, Nov. 7 & 21

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive, caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323 or email cpalmer@hom.org.

# **Legal Consultations**

3rd Wednesday No Fee Sept. 17, Oct. 15, Nov. 19 By appointment only

Soren Andersen has completed 40 years of law practice. His practice includes consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20-minute consultations to older persons. Consultations will be in person. A fee will be charged for additional services. Please call ahead to request an appointment.

# Low Vision and Blind Support Group

2nd Thursday, 10:00 am FREE Sept. 11, Oct. 9, Nov. 13 Hosted by Henry Ford Health and the Detroit Institute of Ophthalmology

Hosted by Henry Ford Health and the Detroit Institute of Ophthalmology. Through support groups, the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges. Attendees will engage in open discussion and will hear from speakers on a variety of topics. Pre-registration is required Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969.

# SHIP Counselor by appointment

SHIP is your local State Health Insurance Assistance Program. SHIP provides unbiased help to Medicare beneficiaries, their families, and caregivers. Call for an appointment when choosing health plans. SHIP Counselor can assist in questions regarding Medicare, Medicare part D prescriptions plans, and Medicaid. Call Carolyn Marsh at 248-246-3900 for in-person assistance.

#### **Outreach**

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.





Mayor

Michael Fournier

**City Commission** 

Monica Hunt, Mayor Pro Tem Sh Rebecca Chezzum Ar

Sharlan Douglas Amanda Herzog Brandon Kolo Melanie Macey

# **Residents Can Help Make Leaf Collection Go Smoothly**

The large number of trees in Royal Oak makes leaf collection a major task. To make it happen, the department uses 12 dump trucks, two sweepers and a front-end loader with a clam bucket with crews working long hours to cover the 414 miles of streets twice during the pick up season.

The City has to wait until late October to begin the process to make sure most of the leaves are down. Since the schedule is very tight, we need all the help we can get from our residents.

## **No Street Parking**

Royal Oak will post signs on neighborhood streets, just off major thoroughfares, notifying residents that leaf pickup will be in the neighborhood the following day. The signs ask residents to **park their cars off the streets** because cars at curbside can slow down the trucks and make it impossible to pick up leaves in front of and on either side of the residence where the car is parked.

It's important to be considerate of your neighbors. A parked car left on the street doesn't just affect one house. The trucks have to go around and sometimes they can't pick up the neighbors' leaves. Temporary no-parking signs are available at the DPS office at 1600 N. Campbell (east side of Campbell, south of 12 Mile Rd.), Monday-Friday, 7:30 am - 4:00 pm.

#### When

Schedules are available at the DPS, on Cable Comcast (channel 17) and WOW (channel 10), and on the city's web page, **www.romi.gov**. Schedules and updates are also available by calling the DPS during business hours, Monday-Friday, 7:30 am - 4:00 pm, at 248-246-3300 and selecting option 2 then option 1.

# **Please Help**

Just as important as keeping cars off the streets on leaf pickup days is removing sticks, rocks, pieces of wood and other hard objects from leaf piles because they can damage propellers in the leaf vacuums which disables them and causes delays in pick up.

# **Where They Go**

Royal Oak leaves go to the Southeast Oakland County Resource Recovery Authority's (SOCRRA) compost facility in Rochester Hills where they are turned into humus-rich compost. The compost is offered to residents in SOCRRA member communities, including Royal Oak, for use as compost.

## **Other Ways of Disposal**

Leaves or any soft yard waste including woody material up to 2" in diameter may be placed at curbside in 32 gallon cans with a yard waste decal facing the street or brown paper landscape bags. They will be picked up on your regular rubbish day (until the third week of December) – set to curb by 7:00 am. Bags and cans must weigh less than 40 lbs.

# **Reminders:**

- Residents are requested to rake leaves into the edge of the roadway in windrows.
- Do not make the piles larger than 3 feet high and 4 feet wide.
- Please keep all sticks, rocks and other debris out of leaf piles.
- Do not park your car on or near the leaves (Trucks need at least a "house length" after a parked car to get near the curb.)
- It is important not to wait until your scheduled day to rake out your leaves. Do not rake leaves just ahead of the crews and expect them to wait for you.
- If by chance the City does run ahead of schedule, a truck will be by on your scheduled day.
- Residents may call the DPS at 248-246-3300, option 2 then option 1, to get any updates.
- Residents should note that schedules are subject to change due to mechanical breakdowns or other factors beyond the City's control.
- Work with your neighbors to make sure there are no parked cars on the street to get in the way of the trucks.

# **After Leaf Pickup**

After December 19, 2025 leaves and yard waste will NOT be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 6, 2026 or residents will be allowed to take a limited number of bags to SOCRRA between December 22, 2025 and March 30, 2026 for disposal.

Please call (248) 288-5150 for more information.

# **Tentative 2025 Leaf Pick-up Schedule**

Residents should note that schedules are subject to change due to weather conditions, mechanical breakdowns, or other factors beyond the City's control. If collections are ahead of schedule, a truck will still be down your street on your regularly scheduled pickup day. Please note that clear or colored plastic bags are no longer acceptable for yard waste, including leaves. Be sure to use the appropriate container. If a resident's scheduled leaf pickup day coincides with their garbage collection day, please place trash bins behind the curb – not in the street – to avoid obstructing leaf collection efforts.

Week 1		Week 4	
11/03/25	11 Mile to 12 Mile – Woodward to Main	11/24/25	10 Mile to 11 Mile – West City Limits to Main
11/04/25	11 Mile to 12 Mile – Main to Campbell	11/25/25	Lincoln to 11 Mile – Main to Campbell
11/05/25	Lincoln to 11 Mile – Woodward to Campbell	11/26/25	10 Mile to 11 Mile – Campbell to Stephenson
11/06/25	10 Mile to Lincoln – West City Limits to Campbell	11/27/23	HAPPY THANKSGIVING - No collection
11/07/25	10 Mile to 12 Mile – Campbell to Stephenson	11/28/25	10 Mile to Lincoln – Main to Campbell
Week 2		Week 5	
11/10/25	12 Mile to 13 Mile – Main to Campbell	12/01/25	12 Mile to 13 Mile – Rochester to Campbell
11/11/25	13 Mile to North City Limits – Main to Campbell	12/02/25	12 Mile to North City Limits – Main to Rochester
11/12/25	12 Mile to 13 Mile – Crooks to Main	12/03/25	12 Mile to 13 Mile – Crooks to Main
11/13/25	12 Mile to 13 Mile – Woodward to Crooks	12/04/25	12 Mile to Webster – Woodward to Crooks
11/14/25	13 Mile to Normandy – Woodward to Main	12/05/25	Webster to 13 Mile – Greenfield to Crooksl
11/15/25	Webster to Normandy – Greenfield to Woodward		
	(Saturday)	Week 6	
Week 3		12/08/25	13 Mile to 14 Mile – Greenfield to Woodward
	November de to Novelo City Liveita Croonfold to Crooks	12/09/25	13 Mile to 14 Mile – Woodward to Coolidge
11/17/25 11/18/25	Normandy to North City Limits – Greenfield to Crooks	12/10/25	Normandy to North City Limits – Coolidge to Crooks
11/16/25	Catalpa to 12 Mile – Woodward to Main	12/11/25	13 Mile to Normandy – Coolidge to Main
11/19/25	11 Mile to Catalpa – Woodward to Main 11 Mile to Gardenia – Main to Campbell	12/12/25	13 Mile to North City Limits – Rochester to Campbell
11/20/25	Gardenia to 12 Mile – Main to Campbell <b>and</b>		
11/21/23	Gardenia to 12 mile – main to Campbell <b>and</b>		



# **Refuse and Recycling**

# Department of Public Services (DPS)

1600 N Campbell, Royal Oak 248-246-3300 DPS@romi.gov

Calls regarding garbage and recycling pickups

# Household Hazardous Waste Disposal & Electronic Recycling

Drop off at 995 Coolidge: BY APPOINTMENT ONLY

#### Visit socrra.org

**Hazardous Waste** – To dispose of: automotive products, ink jet cartridges, lawn/garden products, cleaning products, fluorescent light bulbs, rechargeable batteries, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

**Electronic Recycling** – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. Residents must remove sensitive or personal information from ALL devices.

**Paper Shredding -** SOCRRA's Paper Shredder is available by appointment only for RESIDENTS (not businesses) Shredder is our most popular service - please limit shredding to two boxes!

## **Curbside Pick-Up**

**Holiday Collection** – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected by any other holidays or when the above holidays fall on a weekend.

**Refuse** – Put household materials in the blue 64-gallon city issued trash cart. You may continue to use 20-to-32-gallon containers (max. size) or in 13-to-30-gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. Yard waste cannot be mixed with trash at any time due to state law.

**Recyclables** – All plastic if it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin. **No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.** 

**Yard Waste (when in season)** – Picked up curbside from early April through mid-December: Yard waste is converted into compost at SOCRRA's compost facility in Rochester Hills. Yard waste may be placed in a 32-gallon container, clearly marked with a "Yard Waste" sticker fac-

#### **SOCRRA**

995 Coolidge Hwy, Troy 248-288-5150 socrra.org

Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

ing the street (stickers are available at some city offices) or a 30-gallon paper yard waste bag. Containers or bags cannot weigh more than 50 pounds each. Plastic bags are not acceptable. **Yard waste cannot be mixed with trash at any time.** 

Brush (less than 2 inches in diameter and under 4 feet in length) can also be bundled with twine for yard waste collection.

During the off season, either hold on to your yard waste bags until the program begins again or residents can take up to 10 paper bags to the SOCRRA Transfer Station at 995 Coolidge Road in Troy at no charge. (No contractors or landscapers, please.)

**Tree Trimmings & Shrubs** – Tie woody material between 2"-5" in diameter in bundles up to 4'long (with a max of 15" in diameter combined) weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

**Curbside Leaf Collection** begins early November. Rake leaves into the street according to city schedule. For pick-up schedule, check Insight, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

**Broken Glass** – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

**Appliances** (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In an apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

**Carpeting & Padding** – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

**Latex Paint** – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

**Excluded Curbside Items** – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.





# **SOCRRA Member Community Talking Points**

## **Yard Waste Curbside Collection & Compost**

## **Compost Site General Information**

- SOCRRA's Yard waste compost site is located at 1741 School Road, Rochester Hills, Michigan. (South of Avon Road, between John R. and Dequindre)
- SOCRRA manages curbside collection of all residential yard waste materials.
- Spurt Industries manages and operates SOCRRA's compost site.
- Hours of Operation:

Summer: Monday - Friday, 7:00 am - 5:00 pm Winter: Monday - Friday, 8:00 am - 5:00 pm

#### **Instructions for Residents Obtaining or Purchasing Compost**

- Residents can obtain compost at SOCRRA's compost site or order home delivery.
- Residents will need to show proof of residency.
- No appointment is required.

#### **Compost Service Options**

- On-site self-serve: Residents can self-serve (shovel) compost at SOCRRA's compost site. Free ofcharge, unlimited. Remember to bring your own shovel and container.
- On-site load: Residents can purchase compost or Spurt Dirt blend on-site and Spurt will load itinto your truck or trailer for you. 25% discount off retail price, unlimited.
- **Off-site delivery:** Residents can order compost or Spurt Dirt blend to be delivered to their homes directly from Spurt. 25% discount off retail price plus delivery fee, unlimited.

#### **Contact Information for Residents**

SOCRRA residents interested in scheduling a residential delivery can contact Spurt directly bytelephone or email.

- Call: (248) 375-8900 and select option 1 for Sales, and 1 for Residential Sales
- Email: info@spurtindustries.com

SOCRRA residents interested in contacting the Spurt-SOCRRA compost yard can contact Spurtdirectly.

- Call: (248) 375-8900 and select option 3 for the SOCRRA yard
- Email: info@spurtindustries.com

**Please note:** See Instructions for Communities Purchasing Compost if a resident inquires about acompost delivery in their community.

## What's Lost in a Leak?

Water is Precious – Use It But Don't Waste It



One of the more common causes of water waste is the leaky faucet. Though it can be seen, the amount of water that can be wasted by such a leak is seldom appreciated. Toilet leaks are common too, and they are a little more difficult to detect. The escape of water from tank to bowl is often so slow that the movement of the water is not discernable. A quick check can be made by dumping some laundry bluing in the tank after it has filled and become quiet, and watching for its appearance in the bowl. Even if no leak is detected, the test should be repeated, as such leaks are often intermittent.

Outside the house, too, leaks often remain undetected because the water they waste soaks into the ground. Outside fixtures or underground pipes are often guilty of such undetectable leaks, as are garden hoses and similar equipment when left attached.

If you have reason to suspect a leak, your meter furnishes you with an excellent checking device. To make a leak test, turn off all faucets and other water outlets, and keep watch on the hand of the one-cubic-foot or a flashlight on the meter face for ten or fifteen minutes. If the hand continues to move or there is water use recorded on the meter face, you will know there is a leak. You can measure the size of the leak by timing the hand or taking a timed beginning and ending reading from the meter to see how long it takes to waste a given quantity. If a hidden leak is indicated, call your plumber immediately. You will save money by having the wasted water stopped at once. If the leak is wasting a considerable quantity, you may want to consider shutting off the water at the meter while you are waiting for repairs.

Diam	eter of stream	n Gallons	Cubic Feet	Cubic Meters
	1/4"	1,181,500	158,000	4,475
•	3/16"	666,000	89,031	2,521
•	1/6"	296,000	39,400	1,115
	1/16"	74,000	9,850	280

## Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

#### **Impact of FOG & FW**

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/ or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

#### Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

#### "Flushable" Products

Wet wipes, which are used for everything from wiping babies' bottoms to removing makeup to quick house cleaning are labeled "flushable." The problem is they're really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think "out of sight, out of mind, it's not my problem" they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people's homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don't deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

## **Keep Drains Clear by Following These Tips**

- 1. Pour or scrape greasy or oily food waste into a container or jar.
- Allow grease to cool/freeze in a container before throwing in the trash.
- 3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
- 4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 15 minutes and then rinse with hot water
- Do not put any flushable products down the drain, please throw in the trash.

## **Drinking Water: We Need Your Help**

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

## **What to Do About Sewer Problems**

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at www.romi.gov.

# Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city's website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp's website at www.hydrocorpinc.com/resources/faq.

## **Reporting Streetlight Outages**

Streetlights connected to a wooden pole should be reported online to DTE at https://outage.dteenergy.com/outdoor-lights. Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

Streetlights on a metal pole should be reported to the City of Royal Oak Department of Public Service by emailing DPS@romi.gov or by calling at 248-246-3300 Monday - Friday, 7:30 am - 4:00 pm. Please have the following information ready when calling:

- The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
- 2. The streetlight pole number (if possible).
- 3. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

## **FREE Street Tree**

Royal Oak residents have the opportunity to help expand the tree canopy by requesting that a tree is planted in the easement in front of their home! The form may be filled out online at romi.gov/tree-program-2025. After submitting your tree request, a City Arborist will review the planting site to ensure there is sufficient space before planting. Questions? Contact us at: (248) 246-3300 or DPS@romi.gov





The Environmental Advisory Board makes recommendations to the city commission on all issues concerning city efforts related to energy waste reduction, air quality, water, waste, resilience, and/or other sustainability issues that improve quality of life and protect the environment.

The board meets the fourth Wednesday of every month, except December, in Room 122 at City Hall. Questions? Email: roaeab@romi.gov



Royal Oak Environmental Advisory Board



oroenvironmentalboard





Solarize Royal Oak brings friends and neighbors together to learn about solar and participate in group buy-ins to save money! Visit Solarize Royal Oak (on Facebook) or email roeab@romi.gov for more details.



Check out the City's Sustainability Efforts Here: www.romi.gov/sustainability

## **At Your Service**

Emorgoney Calle Only Dolica Eira 9 Ambulanca	
Emergency Calls Only Police, Fire & Ambulance	
General Information	
Animal Complaint	
Animal Shelter 1515 N. Edgeworth.	
Assessor	
Building Inspection	
Building Inspection Requests	
Building Inspection Fax	
Cable TV (WROK) 203 S. Troy St	
Questions regarding Comcast	
Questions regarding WOW	
City Attorney	
City Clerk	
City Manager	
Code Enforcement	
Code Enforcement 24-hour Hotline	
44th District Court	248-246-3600
Probation, 400 E. 11 Mile	
Engineering	248-246-3260
Farmers Market 316 E. 11 Mile	
Finance	248-246-3030
Fire Department 215 E. Sixth St.	
Emergency	
Non-Emergency	
Fire Prevention Bureau	
Housing Assistance - Rehabilitation Loans	
Human Resources	
Ice Arena 1403 Lexington Blvd	
Information Systems	
Landlord Licensing Program	
Library 222 E. 11 Mile Rd	
Mahany-Meininger Sr./Community Center 3500 Marais	
Mayor Orson Starr House 3123 N. Main St	
Parks & Recreation 203 S. Troy St.	
Planning & Zoning	
rialling & zoning	240-240-3200
Police Department 450 F 11 Mile Rd	
Police Department 450 E. 11 Mile Rd.	011
Emergency	
EmergencyNon-Emergency	248-246-3500
Emergency	248-246-3500 248-246-3524
Emergency  Non-Emergency  Community Policing  Detective Division	248-246-3500 248-246-3524 248-246-3515
Emergency  Non-Emergency  Community Policing  Detective Division  Record Division	248-246-3500 248-246-3524 248-246-3515 248-246-3530
Emergency Non-Emergency Community Policing. Detective Division Record Division Snow Emergency Announcement.	248-246-3500 248-246-3524 248-246-3515 248-246-3530
Emergency	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442
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Emergency Non-Emergency Community Policing Detective Division Record Division Snow Emergency Announcement  Public Service Department 1600 N. Campbell Highway Maintenance Parks & Forestry	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3300 248-246-3300
Emergency	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300
Emergency Non-Emergency Community Policing Detective Division Record Division Snow Emergency Announcement  Public Service Department 1600 N. Campbell Highway Maintenance Parks & Forestry Recycling & Refuse Collection Sewer Maintenance	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300
Emergency	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300
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Emergency Non-Emergency Community Policing Detective Division Record Division Snow Emergency Announcement  Public Service Department 1600 N. Campbell Highway Maintenance Parks & Forestry Recycling & Refuse Collection Sewer Maintenance Water Maintenance	248-246-3500 248-246-3524 248-246-3515 248-246-3442 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-3030
Emergency	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-300 248-246-300 248-246-300 248-246-300 248-559-4653
Emergency	248-246-3500 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-300 248-246-300 248-246-300 248-246-3030 248-559-4653 248-559-4653 248-544-4166
Emergency	248-246-3500 248-246-3515 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-300 248-246-300 248-554-0019 248-559-4653 248-544-4166 248-246-3900
Emergency	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-3500 248-246-3030 248-554-0019 248-559-4653 248-544-4166 248-246-3900 800-477-4747
Emergency	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-3500 248-246-3030 248-554-0019 248-559-4653 248-544-4166 248-246-3900 800-477-4747
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Emergency	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-300 248-246-300 248-246-3900 800-477-4747 248-246-3010 248-246-3140 248-246-3500
Emergency	248-246-3500 248-246-3524 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-300 248-246-300 248-246-3900 800-477-4747 248-246-3010 248-246-3140 248-246-3160 248-246-3160
Emergency	248-246-3500 248-246-3515 248-246-3530 248-246-3442 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3300 248-246-3500 248-246-3500 248-554-015 248-554-4166 248-246-3900 800-477-4747 248-246-3100 248-246-3100 248-246-3100 248-246-3100 248-246-3160 248-246-3160 248-246-3160 248-246-3160 248-246-3160 248-246-3160 248-246-3160
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# City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

**INSTALLMENT LOANS/FORGIVABLE LOANS:** Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

<b>Family Size</b>	Max. Income	Family Size	Max. Income
1	\$56,600	4	\$80,800
2	\$64,650	5	\$87,300
3	\$72,750	6	\$93,750

**DEFERRED LOANS:** Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$35,350	4	\$50,500
2	\$40,400	5	\$54,550
3	\$45,450	6	\$58.600

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

#### For more information call (248) 246-3280 or visit www.romi.gov



Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

"Will the apartment still be available when they hear my accent?"



I called 5 different numbers about apartments for rent. They all said they had been rented. I started to get suspicious so I had a white friend call. Suddenly these apartments were available.

National origin is protected under the law. If you feel you've been discriminated against, call 1-800-669-9777.

Education

U.S. Department of Housing and Urban Development • 1-800-669-9777 • TDD 1-800-927-9275 • fairhousinglaw.org



## Today, Tomorrow, 2050

On May 19, 2025, Royal Oak's City Commission unanimously adopted its Master Plan, 2050, the key guiding document for development and projects within the city. Four years and 5,000 + community engagement touchpoints in the making, the plan looks ahead more than 20 years, considering best practices in land use, where and how the city should grow, and any changes that may be needed to support future residents.

You may wonder: Royal Oak is such a great city as it is... why do we need a plan to change it? The reality is that cities change constantly; having a successful master plan allows our city to change in thoughtful ways. It's about being proactive, setting goals, and creating a community that serves the needs of residents-versus reacting to change as it occurs.

#### Balancing Preservation & Change

A master plan isn't simply about making changes: it's an intentional balance between celebrating the existing character of the city with finding ways to foster and grow to meet the needs of a changing community.

View the master plan in its entirety at www.romi.gov/301/Master-Plan

Roval Oak

This master plan celebrates the city for its vibrancy, livable neighborhoods, active downtown, rich greenspaces and parks, progressive policies (for sustainability, climate action, aging in place, and more), and for being one of the most walkable and bikeable cities in Metro Detroit. However, it also highlights opportunities for improved safety and navigation, development of walkable main street districts more easily accessible from the city's neighborhoods, and additional housing that meets the demand in thoughtful and predictable ways.

#### Master Plan Goals

The best way to put a plan into motion is to set meaningful, actionable goals-and that's exactly what has been done in Royal Oak's master plan.

# **Royal Oak**



#### REINFORCE THE CITY'S STRUCTURE

Retain and refine the historic structure of Royal Oak by more clearly defining the character of places throughout the city, reversing the problems caused by use separation and car-centric design in the late 20th Century, and coordinating the city, developers, and business owners in a shared future vision for Royal Oak.

#### Action items include:

- Adopting the Future Land Use Map, with a focus on preserving the scale and character of existing neighborhoods.
- Adopting a Unified Development Ordinance to streamline zoning and align policies with the Future Land Use Map.
- Developing a Downtown Master Plan to enhance vibrancy and support new housing and business growth.



# ADVANCE SUSTAINABILITY AND CLIMATE ACTION

Implement the Sustainability and Climate Action Plan, advance Royal Oak as a regional and statewide leader in sustainability, and utilize land use and transportation policy to reduce transportation-related emissions, furthering the city's sustainability goals.

#### Action items include:

- Increasing public education and outreach to support energy efficiency, sustainable landscaping, water conservation, and more.
- Creating a Tree Canopy Plan to identify and improve areas needing more tree coverage, with a focus on neighborhood greenways and safe routes to schools.
- Implementing stormwater solutions such as integrating stormwater solutions into parks and open spaces and identifying problem areas for ponding during major storms.



#### PROVIDE MORE HOUSING OPTIONS

Accelerate market-based solutions that provide greater housing type diversity and housing supply, to provide housing options for every stage of life, and to provide for attainably-priced housing to the extent feasible under Michigan law.

#### Action items include:

- Developing a plan to transform Delemere Boulevard into a main street with enhanced streetscapes, wider sidewalks, street trees, and improved lighting.
- Promoting, encouraging, and partnering to provide senior and affordable housing.

# **Royal Oak**



# PRESERVE AND ENHANCE THE NEIGHBORHOOD CHARACTER

Enhance Royal Oak's high-quality neighborhoods by preserving their existing character, adding to existing qualities in places they are lacking, and improving access to parks and existing neighborhood-scaled retail areas.

#### Action items include:

 Updating the Recreation Plan to improve equitable access to park amenities; create wellness circuits linking parks, neighborhood centers, markets, and schools; and add seating, walking paths, recycling bins, bike racks, repair stations, and lighting to parks.



#### REINFORCE ACTIVITY CENTERS

Provide residents and visitors with significant destinations for shopping, dining, services, and entertainment that are diverse in character and distributed throughout the city.

#### Action items include:

 Improving public transit access by collaborating with SMART and Oakland County to enhance services by adding key stops, improving routing, and reducing wait times, supported by new transit funding.



#### INCREASE MOBILITY ACROSS THE CITY

Ensure that people who walk, roll, bicycle, drive, or use public transit are well accommodated throughout Royal Oak by optimizing and expanding shared and dedicated facilities, making streets safe for everybody, and connecting the city's many destinations

#### Action items include:

- Revising the Non-Motorized Transportation Plan to enhance pedestrian and bicycle access and create safer crossings on major streets.
- Addressing mobility needs specifically along major roads, where improvements may be restricted by traffic volume and physical limitations.
- Providing public parking outside of downtown to encourage business and housing growth in Activity Centers and Neighborhood Main Streets.



#### **ALIGN POLICIES**

Align Royal Oak's future land use policy, zoning regulations, and other ordinances in order to produce the future city that residents and city leadership desire, directing the development and business community, and expediting development and zoning processes, recognizing that the city, developers, and business owners are partners in building Royal Oak's future.





# **NEIGHBORHOODS**

## **RENO Program Supports Residents + Neighborhoods**

The City of Royal Oak will soon launch a new program that incorporates some key master plan tenets. RENO, or Residential Enhancement and Neighborhood Opportunity, is a fee-waiver program designed to incentivize residential improvements that advance key community priorities—sustainability, housing affordability, and aging in place.

The program provides eligible homeowners, property owners, and developers with permit and inspection fee waivers, and provides up to two hours of complimentary consulting with the City's Building Division to support successful project delivery.

The program will focus on three areas:



Promoting energy - efficient and sustainable improvements to reduce utility costs and environmental impacts. Qualifying projects include high-efficiency HVAC systems, solar panels, EV charging stations, attic and wall insulation, and more.

#### Eligible properties:

- Residential: single-family homes, duplexes, townhomes, and condominiums
- Commercial: small-businesses and mixed-use buildings

Open to residential and commercial property owners.



Increasing the supply of workforce housing by incentivizing development and rehabilitation of units affordable to middle-income households (80%–120% of Area Median Income, or AMI).

#### Eligible properties:

 Residential only: multifamily developments, e.g., apartment complexes, townhome clusters, senior community/living homes, and residential components of mixed-use projects



Supporting older residents to safely age in place by reducing financial and logistical barriers to critical home modifications and repairs. Qualifying projects include wheelchair ramps, accessibility modifications, stair and chair lifts, and more.

#### Eligible properties:

Owner-occupied single-family homes and condominiums

Open to resident homeowners aged 62 and older with household income at or below 120% AMI.

The RENO Program is expected to launch in September. For more information, email RENO@romi.gov or call 248-246-3280.





#### **SAFETY TIPS**

- Working smoke alarms are in every sleeping room. They are outside each separate sleeping area. They are on every level of the home.
- ✓ Working smoke alarms are interconnected, if possible. When one alarm sounds, they all sound.
- Portable fire extinguishers are in the home and are easy to reach.
- Working carbon monoxide alarms are outside each separate sleeping area. They are on every level of the home and in other locations as required by laws, codes, or standards.
- ✓ The owner has posted a floor plan. It notes all escape routes and exits and provides emergency contact information.
- ✓ Everyone knows the address of the home.
- Everyone staying in the home has identified two ways out of every room and how to escape in an emergency.
- All doors and windows that lead outside are able to be opened.
- An outside meeting place has been chosen. It is a safe distance away from the home.
- Everyone knows how to call 9-1-1 or the local emergency number from a cell phone from outside.
- If smoking is allowed, a smoking area has been designated and is well away from the structure. Deep, sturdy ashtrays have been provided.
- ✓ All pathways are free and clear of tripping hazards.
- Electrical outlets are free from multiple cords and adaptors.
- The stovetop is clear. Anything that can catch fire is not near the stovetop, such as curtains and towels.

#### WINDOW AND DOOR ALERT!

Be on the lookout for rooms with tiny windows. These are too small to serve as a means of escape.

Security bars on doors and windows can trap people in a fire. Make sure any security bars have quick-release devices. Tools, keys, or special efforts should not be needed to open them.

#### KNOW BEFORE YOU GO

Peer-to-peer hospitality services are not regulated in the same way as hotels. Requirements vary widely across jurisdictions. Do your homework before making a reservation. Check online to see your travel destination's regulations for rental properties. Ask your host if the property meets the regulations. Discuss other safety concerns you may have.

Check the forecast in case of storms that could cause power outages; assure the property has equipment (batteries, lanterns, etc.) in the event of a power outage.





nfpa.org/education ©NFPA 2019

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# Learn the Sounds of Fire Safety

Is there a beep or a chirp coming out of your smoke or carbon monoxide alarm? What does it all mean? Knowing the difference can save you, your home, and your family! Make sure everyone in the home understands the sounds of the smoke and carbon monoxide alarms and knows how to respond. Learn the sounds of your smoke and carbon monoxide alarms by checking the user guide or search the brand and model online.

### What is your alarm telling you?

#### **SMOKE ALARMS**

- A continued set of three loud beeps—beep, beep, beep—means smoke or fire. Get out, call 9-1-1, and stay out.
- A single "chirp" every 30 or 60 seconds means the battery is low and must be changed.
- All smoke alarms must be replaced after 10 years.
- Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.

#### **CARBON MONOXIDE (CO) ALARMS**

- A continuous set of four loud beeps—beep, beep, beep—means carbon monoxide is present in your home.
   Go outside, call 9-1-1 and stay out.
- A single chirp every 30 or 60 seconds means the battery is low and must be replaced.
- CO alarms also have "end of life" sounds that vary by manufacturer. This means it's time to get a new CO alarm.

 Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced. Make sure your smoke and CO alarms meet the needs of everyone in your home, including those with sensory or physical disabilities.

#### Some tips:

- Install a bedside alert device that responds to the sound of the smoke and CO alarms. Use of a low frequency alarm can also wake a sleeping person with mild to severe hearing loss.
- Sleep with your mobility device, glasses, and phone close to your bed.
- Keep pathways like hallways lit with night lights and free from clutter to make sure everyone can get out safely.

Hear a Beep, Get On Your Feet!

Get out and stay out! Call 9-1-1 from outside.

## Hear a Chirp, Make a Change!

chirping alarm needs attention. Replace the batteries or the entire unit if it's over 10 years old. If you don't remember how old the unit is, replace it!





For fire safety tips, visit **firepreventionweek.org** and **sparky.org**Sparky® is a trademark of NFPA. ©2021 National Fire Protection Association®

## **Upcoming Events**

#### Find our events calendar at royaloak.librarycalendar.com

#### **Rainbow Body Scrub**

Tuesday, July 22 at 4:30 pm Ages 11 - 18 yrs Registration Required

Teens will be able to create their own sugar scrub - like Tree Hut but better! We'll have different colors and fragrances, and you'll be able to mix them to create your own combination to take home.



#### **Foam Party**

#### Friday, August 1 at 3:30 pm in Centennial Commons Park Family – Ages 0 - 18 and their adults



What better way to end summer reading than with a FOAM party?! Join us on the lawn of Centennial Commons at 3:30 pm for two large cannons of foam-tastic fun. Bathing suits and towels are welcome but not required. Shoes should be worn. A waiver must be signed for participation.

# Make Your Own Bookmark at Woodward Corner Market

Tween - Adults Mon 8/18 12pm



Join us off-site at the Woodward Corner Market for a fun make your own bookmark craft in the cafe area! Participants will be given a blank wooden bookmark and will be able to decorate it however they want using paint markers, washi tape, and more. All supplies will be provided.

While you are there grab a coffee, do some shopping, and check out the library's new library vending machine! Whatever you do, come ready to get crafty!

## **Story Times Start in September**

Story Time for babies through preschoolers returns the week of September 9! Our schedule is as follows:

- · Family Story Time Tuesdays, 10:15 am
- · Toddler Story Time Wednesdays, 10:15 am
- Baby Size Story Time Thursdays, 10:15 am

All story times are first-come, first-served, with the Youth Services Desk handing out tickets at 10:00 am.

#### **Architecture of the Upper Peninsula**

#### Tuesday, September 16 at 6:30 pm

Experience a visual tour of Michigan's Upper Peninsula architecture, presented by Josh Lipnik a Detroit-based architectural photographer, speaker, and writer. Josh will cover historic landmarks as well as hidden architectural gems. The presentation will include Josh's own photographs as well as archival images to explore the history of industry, labor, and immigration in Michigan's Upper Peninsula.



#### **Repair Café**

# Saturday, September 27 at 12:00 pm Registration Required

Repair your old things at Repair Cafe hosted by The Royal Oak Public Library! Repair Cafés are all about repairing things (together)! At the Repair Cafe you will find tools and materials to help you make any repairs you need on old items such as clothes, furniture, electrical appliances, bicycles, crockery, appliances, toys, etc.



There will be expert volunteers with repair skills in all kinds of fields who will be there to assist you with repairing your own item. Patrons should bring one broken item from their home to repair. Please Note: The Cafe Repair volunteers will not repair your item for you while you wait; they will help you to repair your own item and provide guidance, knowledge, and support.

Come ready to roll up your sleeves and learn!

# Check Out Books at Woodward Corner Market



Today is your lucky day! The LibCabinet Library Book Vending Machine (aka Vickie) has a rotating collection of best-selling materials, for children through adults. Vickie is in the Woodward Corner Café in Woodward Corner Market, located at 13 Mile and Woodward. Check it out!



222 E 11 Mile Road • Royal Oak, MI 48067 248.246.3700 • **www.ropl.org** 

City Of Royal Oak

203 S. Troy St., P.O. Box 64 Royal Oak, MI 48068-0064

# POSTAL CUSTOMER ECRWSS

PRSRT STD U.S. POSTAGE PAID Permit No. 83 Warren, MI

#### **City Hall Office Hours**

Monday-Thursday, 8:00 am - 4:30 pm Friday, 8:00 am - 12 noon www.romi.gov



# **Big Changes Are Coming!**

The Senior Community Center closed its doors on June 25 to undergo an exciting, long-awaited renovation—and we can't wait to welcome you back to a brighter, more beautiful space! The project is expected to be completed by the end of August.

Get ready for a fresh new look and improved comfort, including:

- Fully renovated restrooms
- Stylish new flooring and ceiling tiles
- Fresh paint and modern lighting throughout
- An upgraded, more efficient front desk
- A powerful new generator and enhanced electrical system

We're building a better space for connection, activity, and community—just for you!

Stay updated on our progress at romi.gov/356/Senior-Community-Center